

MPCTTM

Motivational Preparation College for Training

ANNUAL REVIEW 2019

Making better citizens in the UK



DECEMBER 2019

MPCT PROGRE

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Karaivanov Michael Kavanagh Isaac Kay Edward Keating Daniel Graham Kilford Daniel Graham Kilford Liam David Killner Molly Kilmister Arron Kilpatrick Andrew Kimberley Thomas Knibbs David Knight Jasmine Lalic Duncan
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Pounder Damian Powell Scarlett Prentice Alfie Price Benjamin Price Narayan Pun Shiseer Pun George Purkins Nathan Brian Redhead Anthony Reeve Rahim Rehan Lilly Ridgway Megan Ridley Joseph Riman Harrison Risley
Sharoon George Sharples Connor William Shaw Frazer Shaw Nathan Brian Anonthy Shaw Murray Sherlock Romany Shires Brayley Shore Liam Shorroch Thomas Shorthouse Mia Shute Bethany Simpson Callum Simpson Lav
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Aaron Warner Ryan Watkiss Matthew Whitehouse Thomas Whitfield Rhianan Wilkinson Ryan Wilkinson Chloe Wilkinson-Russell Elliott Willcott Cameron Williams Damian Williams Daniel Williams Elle Williams Jamie Wilson
Brandon Young Matthew Young
Aaron Pewtner Abbie Elizabeth
Eaton Alex Scarlett Alex
Watkins Alun Davies Amaretta
Antony Smith Arjan Singh
Ben Jordan Ben Hughes Ben
Bethan Pryor Bethany Brewer
Lewis Brett Jones Brian Edwards
Callum Carey Callum Wybar
Callum Abraham Callum Coate
Cameron Fermandel Caylan
Charlotte Hill Charlotte Osbourne
Harris Christopher Roberts
Griffiths Dale Jones Dale Hamzah
Paul Tudor David Thyer Dean
Coleman Elliot Parry Elliott
French Gethin Williams Hannah
Jones Jack Paul Mylan Jacob
Jay Nixon Jay Chapman Jay
Jordan Trotman Jordan Emery
Josh Watson Joshua Brown
Katrina Richards Keiran Grant
Kyle Hart Kyle Mottram Kyle
Chapman Lewis Davies Liam
Baldock Matthew Frederick John
Nathan Holland Nathan
Owen Bennett Paul Lewis Preston
Ryan Daniel Bayliss Sadie Watkins
Mead Shane David Evans Shania
Davies Stuart Furgusson Stuart
Hakeem Alban Trinity Price Tyler
Carol Scott Thomas Hicks Lee
Sullivan Gary Bowen-Thomson
Jack Harrison Jordan Harford
Osborne Chris Davies Ethan
Ashbrook Marley Ashton Kianna
Bartlett Danny Batten Ollie
Bond Jay Boulton Kylah Bounds
Elliot Brown Finlay Brown Joshua
Callaghan Natasha Callaghan
Chatwell Ciaran Chatwell Stanley
Ashleigh Conlon Harry Cook
Mackenzie Daly Luci Dando
Leah Davies Leonardo Davies
Valentina Dimitrova Dylan
Eason Celyn Edwards Jake
Kian Jay Evans Liam Evans Tyler
Field Reece Finney Will Fisklock
Fuins Lewis Gafael Jakson
Rhydian Grancourt Chloe
Hamilton Ieuan Hancock Paris
Tyler Hawkins Sascha Hayes
Hollywell Brynley Holsburt
Mohammed Hussain Lewys
Jenkins Kelton Jessett-Thomas
Jordan Jones Kaelem Jones Kai Jones Kaiden Jones Kailum Jones Kaite Jones Kiyan Jones Lewis Jones Luke Jones Luke Jones Luke Jones Matthew Jones Miesha Jones Osian Rhys Jones Patrick Jones Rhydian Jones
Jamie Keenan Keaton Kegelmann Coner Keil Cory Kelly Owen Kelly Ciaran Kerr Jacob Kersey-Smith Nazeem Khan Lucas King Maddox Kirby Jay Kirk James Kitch Ben Knowles Maksymilian Kowalski Liam Kupa Tyler
Ben Lazenby Aaron Lee Henry Lee Kyron Lee Matthew Lee Bradley Lewis Dyfan Lewis Jaydon Lewis Joshua Lewis Toni-Leigh Lewis William Lewis Jordan Lewis-Tonkin Iwan Liddon Dylan Lightwood Jordan Lippiett
John Maclean Ravel Malatesta Harry James Malone Andrew Mantle Jayden Mapstone Ben Marsh Ross Marshall Scott Marshall Kieran Martin Paul Masefield Cerys Maslen Hayley Mason Joshua Raine Massey Will Mat
Mears Liam Melinn Sumera Merchant Kallum Meredith Dennis Methuen Emlyn Miles Andre Miller Jersey Miller Keisha Miller Lexie-Rose Miller Finlay Millington Jack Mills Erin Mitchell Jordan Mitchell Joshua Mitson
Morgans Bethan Morris Ieuan Morris Tyler Morris Freddy Muir Cian Murphy Harley Murphy Jacob Murphy Katie Murphy Thomas Murphy Callum Muscatt Jamal Nadeem Charlie-Mai Nash Oliver Nash Todd Nash
O'Connor Joshua Odgen Joshua Odwyer Connor O'Kelly Liam Oliver Sonny Oliver Brandon Olsen Nicole Olsen Corey Omahoney Caitlin Orme Dylan Osborne Shay O'Sullivan Harrison Owen Keiron Owen Kieran Owen
Parsons Nikita Passmore Tyrel Patterson Kurt Payne Matthew Payne Jack Peake Lily Pedley Katie Pendle Katie Pendle Jonathan Pengelly Mya Percy Luke Perry Olivia Peters Shannon Peterson William Petherick Petr
Powell Kian Powell Morgan Powell Callum Price Delme Price Jack Price James Price Sam Price Warren Prince Kaiden Pritchard Cerys Prosser Eran Prosser Kian Prosser Emily Prothero Isabelle Psaila Jessica Purcigo C
Renwick-Bell Thomas Rich Liam Richards Liam Richards Cai Richardson Maddison Richardson Malachi Levi Richmond Scarlet Ridpath Megan Rigby Leonora Ritson-Walton Emilly Roberts Georgia Roberts Georgia Rob
Ben Russell Scarlett Russell Owen Rutherford Cameron Ryan Jayden Ryan Jaydon Ryan Sinaed Ryan Tommi Ryan Madison Sampson Morgan Samuels Louie-Jay Saunders Amy Saxon Jack Scammell Jacob Scott Mad
Skene Brooklyn Skidmore Luca Skidmore-Hoogerwerf Leo Skinner Aaron Slee Travis Slee Daniel Sloper Nathaniel Smallley Owen Smallman Benjamin Smith Brandon Lee Smith Coffee Smith Dylan Smith Ellis Smith Le
Alex Stewart Stephanie Stocks Karina Stojanovic Harleigh Stokes Laney Stone Lili Stone Josh Strain Charlie Stratton-Rees Jessica Strong Kieran Stubberfield Tom Stubbings Aaron Sullivan Sam Sully Ethan Summers K
Thomas Brandon Thomas Cameron Thomas Cameron Thomas Carys Thomas Cerys Thomas Charlie Thomas Chase Thomas Chloe-Leigh Thomas Cohan Thomas Ethan Thomas Georgina Thomas Kian Thomas Leo Th
Truscott-Marsh Jac Tucker Jack Tudor Jasmine Tudor Gideon Turton Ben Tyler Hollie Underwood Rebecca Utting Finley Valvo Alex Vaughan Keiron Vaughan Jack Vernon Liberty Virgo Alisha Voyzey Thea Vrettos Dafy
Wassell Caerion Watkins Jade Watkins Matthew Watkins Lois Watson Chloe Waugh Arron Weaver Logan Weaver Milly Weaver Daniel Webster Jenna Welch Amy West Finlay Wetherall Matthew Wheat-Peach Amy
Jake WilliamsAlex Williams Callum Williams Corey Williams George Lewis Williams Harri Williams Jack Williams Kelsey Williams Kia Williams Kylie Williams Levi Williams Lewis Latimer Williams Lewis Willi

Rhyanna Young Samuel
Bedford Abigail Sharp
Matthews Alex Jones Alex
Evans Amber-Jade
Ashleigh Waters
Aaron Catton Ben
Billie-Jo Stabbins
Cai Owen Caisel William
Callum Colbourne
Callum Brinley McCarthy
Griffiths Ceri Leigh Jones
Charlotte Gabb Chelcie Evans

Christopher Carey Cobi Philip Valentine Ashfield Codie Davies Connor Staines Connor Ford Connor
Dalian Purser Damian John Atkins Daniel Pyart Daniel Enos Daniel McCarthy Daniel Pritchard
Davies Dean Mark Roberts Dewi Sinclair Jones Dominic Evans Dominic George Allun Williams
Davies Elliott Smithers Emma Collins Ethan Bird Ethan Lovejoy Ethan Jordan Jones Evan Elliott
Hunt Hannah Henderson Hannah Griffiths Harry Pendlebury Harry Yates Hiedi Redwood
Pittard Jacob Twose Jacob Ross Jacob Neil Jacob Steven Lee Bodin Jake Jones Jake Parry
Kenneth John Davies Jazmine Herbert Jazmine Alston Jessica Bell Jessica Morgan
Jordan Bevington Jordan Launchbury Jordan Rees Jordan Campbell Jordan Dring
Joshua Walker Joshua Pullin Joshua Fitzjohn Joshua Davies Joshua Jesson Joshua
Matthews Keiren Coats Kellie-Marie Morris Kelly Ann Ewers Kelvin Bishop Kia Nicole
Owen Kyle Parry Kyle Wynne Richards Kyran Thomas Morgan Lauren Hillier
Sheridan Liam Samuel Liam Wheeler Liam Booth-Cockcroft Liam Melsome Liam
Hill Matthew Giles Self Megan Price Megan Goddard Michael Rogers Michael
Sheppard Nathan Hall Nathan Stephens Nathan Dudley Nathaniel Price
Sullivan Rebecca O'Donnell Rhian Wyn Jones Rhiannon Haines Rhys
Sally Elizabeth Fowles Sam Evans Samuel Shakeshaft Samuel Lyon Samuel
Battenbough Shannon Anderson Shannon Campbell Shannon Steen
Howells Tamia Watson Tammi Sandra Wood Taylor Baugh Tegan Smith
Fletcher-Brock Tyrone Jones Tyrone Regan Vikki Bowden Vincent
Haymer Catriona Burnett Samantha Jones Kelly Adams Ian Smith
Vincent Wayne Patrick Murphy Jodie Smith Matthew Thacker
Katie Blair Natalie O'Shea Anais Bellamy Natasha Dickens
Cavanagh Jemma Heath Keeley Treharne Justin Edwards
Aspinall Stefan Atkinson Joshua Avery Abdelrahman Ayad
Baverstock Iestyn Beach Aaron Daniel Beale Charlie
Joshua Bowen Logan Bowles Libby Bowness-Hughes
Brown Joshua Brown Mia Brown Owen Brown Tony
Maddison Campbell Patrick Francis Campbell
Cherrington Brendon Cherworth Lucy Chick Ross
Max Cook Joseph Cooke Amy Coombes Riley
Kallum Daniels Taylor Dark Adam Davies
Libby Ann Davies Lucia Davies Mia Davies
Dimmick Nicholas Djaoui Ollie Dobbs Tia
Edwards Kyle Edwards Owen Edwards
Evans William Evans Harry Evans-Phillips
Kieran Fitzpatrick Rupert Flores-David
Garden Cai Garland Taylor Garland
Green Cameron Greenall Daniel
Hanlon Nate Haralambos Owen
Christian James Healy Callum
Jordan Hopkins Connor Horne
Ingram Rowan Irwin Kyle
Jonathon-Kai Jobe Ieuan John

Marly John Owen John-Corcoran Callum Johns Louis Johnson Cai Rhys Jones Cal

SESSIONS 2019

Bayliss Amber Bayton George Beckett James Beckett Jake Bedworth Jonathan Beevor Tyler Belcher Charlie Bennett Harry Bennett Tristan Bexton Jordan Bharucha Jay Bibby Haris Birch Myles Bird James Birks Chloe Bishop
George Brown Jacob Brown Maeghan Brown Lee Byers Lauren Ann Byrne Naomi May Cairns Katelyn Campbell Melissa Campbell Petroe Campbell Ty Candappa Olivia Candy Ellie-Rose Cantwell Luis Cardona Oliver Cardy Toni
Cherrington Maria Chisholm Bartlomiej Chmara Radoslaw Chmara Sonny - Lee Churm Thomas Clapperton Connor Clare Aaron Clark Ben Clark Leon Clark Shauna Claughan Robert Clayton - Reid Billie Clemmens Adrian
Holly Daniels Jack Davies-Downes Emily Deeley Scott Dickson Daniel Dodd Hazel Dowling Ryan Dugdale Chloe Duke Daisy Edwards Henry Edwards Joshua Edwards Nial Edwards Saffron Edwards Harvey Element Chloe
Fench James Frumenzi Benjamin Richard Denny Fudge Darren Fuller Johnathon Gardner Katie Garman Gabriel Garner Teegan Gooding Nicole Goodwill William Goodwin Mateusz Gorecki Michael Gower-Crane Callum Troy
John Roach Chloe Roadley Amy Roberts Leah Roberts Ryan Roberts Tim Roberts Jordan Robertson George Robertson-Legg Cayren Scattergood Cayren Scattergood Alfie Schenck Freddie Schenck Nathan Sharkey Micah
Jefferson William Jelfs Dale Jenkins Troy Jenkins Hannah Johnson Isaac Johnson Jack Johnson Jordan Johnson Luke Johnson Reece Johnson Jordan Jones Nathaniel Jones Nicholas Jones Sarah Jones Yoan Luybovmirov
Lamb Bradley Langford Harrison Last Ryan Lavigna Lewis Robert Lawler Ashley Lawley Charles Lawrence Ryan Lawrence Andrew Lawrie Christopher Laws Frankie Charles Lawson Jack Lawson Coral Leask Adam Ledger Colin
ayers Richie McCarrick Morgan Mcconnell Ryan Mckee Bradley McKenna Cameron Mckenna Joseph Mckenna Flynn McKenzie Jemma McLees Joe Mcleod Oliver McLoughlin Emily Mcmillin Enis Mexhuani Marowan Mezali
O'Donnell Yan Odurny Ben Ord Isabella Pace Darnell Pace-Walker Joshua Pagett Sabin Paija Joe Paintain Wiktor Pawlowski Brian Payne Shalagh Pettit Owen Phillips Leon Pier Alex Pimlott Steven Piper Marcus Pitfield Robert
John Roach Chloe Roadley Amy Roberts Leah Roberts Ryan Roberts Tim Roberts Jordan Robertson George Robertson-Legg Cayren Scattergood Cayren Scattergood Alfie Schenck Freddie Schenck Nathan Sharkey Micah
Lawrence Smith Luke Smith Callum Southcott Kadiatou Sow Ashleigh Spencer Ryan Spivey Dean Spooner Jordan Spragg Jaiden St Clair James St John Paul St John Elliot Standage Thomas Stanton Ryan Starkey-Duffy Ethan
Tawiak Jamie Lee Sylva Daniel Symonds Kieran Symonds Josh Taylor Jessie Thomas Kieran Thomas Millie Jade Thomas Sophie Thorndale Lewis Van De Knapp Brennan Thomas Walley Bradley Ware Zachary Ware Owen Wareham
Jodie Wilson Joshua Wilson Peter Wilson Edward Wright John Paul Wright Martin Wright Mia-Elle Wright Natasha Wright Rebecca Wright Ryan Keith Wright Sam Wright Brandon Wyatt Lauren Wyatt Zac Wyatt

Youngman Rajab Yousef Luis Zambrano
Adam Hicks Adam Draper Adam Potter
Alice Fernquest Alice Purslow Alicia Jo
Hilbert Amy Burrows Andrew Sullivan
Lloyd Ashley Peck Austin Winter Ayden
Williams Benjamin Williams Benjamin
Billy Brown Bradley McLean Bradley
Caitlin Thomas Caitlyn Hassell Callum
Ealand Callum O'Brien Callum Williams
Goddard Calum Murray Cameron Rawlins
Burton Channing Wynne-Thomas Charlie
Chloe Jones Chloe Davies Chloe Lewis Chloe
Corey David Corey Gallagher Courtney Williams
Danniel Anthony George Rowe Darcy McGing
Dylan Boull Dylan Angulatta Dylan Haswell Dylan
Actie-Chiromo Gareth Robert Davies-Jones Garin
Isabel Smith Issac Camborne-Paynter Jack Harrison
Jamie Feeney Jamie Fraser Jamie Lee Jamie Lee Brown
Hobson Joel Hubbard John Luke Griffiths John Maurice
Cushing Jordan Lee Thomas Jordan Robert Jones Josef
Higgins Kai Prytherch Kane Goldup Karl Roberts Karl Davey
Kieren Hale Kieron Smith Kieron Groom Kira Locke Kirsty
Everitt Lewis Smith Lewis Thompson Lewis Copland Lewis
Marcus Anthony Holgate Mark Payne Mary Mulkerrin Matthew
Mohammed Haider Asif-Hanif Molly Morgan Morgan Bunn Naomi
Garside Nicole Williams Oliver Pendleton Olivia Rowland Olivia
Rory Davies Rosi Rees Ryan Thorpe Ryan Jones Ryan Davies Ryan
Scott Wamboi Scott Hillman Sean Mason Sean Reeves Shane Steel
Cawsey Sophie Isaac Sophie Davies Stacey Ince Stacey Louise Tuck
Tom Freeman Tommy Edwards Tommy-Lee Francis Tomos Bryn Roberts Toni
Price Ian Higgins Josh Rajai-Navidi Corey Dainty Ivor Anthony Tatum Price
Suzanne Court Craig Clements Callum Barrand Lisa Best Geraint Llewellyn
Mike Hillier Sam Davies Samuel Brown Steve Sani Callum Stribling Ben Rose
Richards Emma Ford Evanne Fox Munira Chowdhury Delyth Rhiannon Jones
Akbar Rebecca Ale Kareem Alhomsy Jasmine Amos Elyssia Andrews Alexandru
Bakhbakhi Eiddan Ballard Stephen Ballard Declan Barnes Joshua
Bernard Lana Birch Harvey Black Ewan Blake Kiara Blick Cira Blount Joshua Bluett
Rylie Brinsdon Cody Briskham Nianne Brittain Corey Brock Leo Brockway Liam Brooks
Burgess Brad Burnell James Burrows Casey Burton Connor Burton Daniel Busby
Cameron Carroll Jada Case Emilia Castro-Balcerio Dafydd Challenger Tyler Challinor
Sansha Clements Jake Luke Clinch-Turner Madison Coleman Aaron Colley Brodie Collins
Cowen Callum Crimes Jacob Cronin-Watts Holly Crotty Janaya Cullen Iestyn Cullum Lucy
Jacob Davies James Davies Jaqueline Davies Jordan Davies Joshua Davies Kelsey Davies Kian
(Jenna) Day Giudice Marian Mae DelCaitlin Denman Jayden Denton Brandon Depaul Billinge
Louie Dudley Lewis Duffy Bradley Dunn Kai Durso Marcus Dutton Tamsin Dutton Morgan Eady
Emmett Naomi Eshel Adam Lee Evans Ben Evans Carlos Evans Daniel Evans Garin Evans Iwan
Fairclough Michael Farmer Sean Farmer Louis Farnham Ryan Fellows Taila Feltham Ben Fenwick
Ford Callum Forward Emily Forward Marcus Fowler Ellie-May Frayne Mackenzie Freeman Damien
Daniel Gilbert Jack Gilbert Kieran Gilbert-Jones Matthew Robert Gilligan Ieuan Glead Milly Goldup
Nikodem Gutierrez Aliyah Guy Joshua Gwinn Carys Hadfield Aaron Owen Hall Jordan Hall Robert Hall
Harrington Brogan Harris Charlie Harris Dylan Harris Kieran Harris Ethan Harvey Liam Hawker-Thomas
Alisha Hickman Ieuan Hill Ieuan Hill Kieron Hill Declan Hillier Ciaran Holbrook-Fox
Hudman Bailey Hughes Bethan Hughes Cameron Hughes Connor Hughes Freddie Hughes Ellis Huish
James Ellis James Jacob James Maddie James William James-Wilcox Connor Jarman Ioan Jarman Blackmore
Jones Callum Jones Cian Wyn Griffiths Jones Declan Jones Dylan Jones Ella-Marie Jones Ellie Marie Jones Gethyn

Jones Riley Jones Robert Jones Ryan Jones Talia Jones Victoria Jones William Jones Sonny John Martin Jones-Rogers Jessica Joseph-Jones Olivia Kaunhoven Reilly Kavanagh George Kaye Jake Keating Daniel Keegan
Lacey Jordan Lagdon Connor Laidlaw Ellamay Lakin Emily Lam Brandon Lamb Ben Lane Joshua Lane Amelia Large Chelsie Large Rhys Large Mia Last Harvey Lathbury Jacob Laugharne Lee Lawlor Dylan Lawrence
Chantelle Llewellyn Jack Llewellyn Williams Llewellyn Matthew Lloyd Menna Lloyd Eve Lloyd-Griffiths Jamie Lloyd-Jones Callum Lloyd-O'Donovan Jake Long Iwan Loxton Rhidian Lunnon Michal Luszczyński Lucy Lynch
Corey Matthews Lewis Maxwell Andrew Mayes Harry Maynard Ian McCabe Thomas McCabe Leon McCarthy Thomas Mccue Arian McDougall India McDougall Owen McKay Jordan McMillan Rory McMillan Joshua
Darren Mohamed Oliver Moir Triston Mole John Montgomery Thomas Moore Joshua Moran Lauren Moran Bradley Morgan Cole Morgan Dylan Morgan Katieann Morgan Madison Morgan Connor Morgans Damon
Iestyn Neale Kyron Neill James Newman Abi Newton-Perry Bryn Nicholl Caelan Nicholls Joshua Nicholl's Wesley Nisbeck-Jeffries Joshua Norman Douglas Norton Bradley Nott Amber Oakley Connor O'Brien Kady
Leah Owen Austin Owens Ben Page Morgan Page Connor Palmer Connor Palmer Edward Palmer Joseph Palmer Jamie Palmer-Thomas Jay Palmer-Thomas Ieuan Parker Nakisha Parobij-Tudor Ciaran Parry Joseph
Petrov Ieuan Phillips Thomas Phillips Gethin James Picton Roni Picton Darren Pike Owain Pinnell Rebecca Piper Farren Pitcock Shay Pitman Amy Pitt Jac Pittman Stephan Pope Cameron Porter Brandon Powell Dewi
Cameron Pym Jamie David Quick Daniel Quigley Elijah Rama Bradley Rawlings Jack Reed Hallie Rees James Rees Keaton Rees Kyle Rees Kyle Rees Radley Rees Jack Rees-Davies Cameron Reeves Ryan Regan Aaron
Rees Jared Roberts Keiron Roberts Kian Roberts Kyle Roberts Tyler Roberts Rosie Robertson William Robson Sion Roderkerken Ioan Rogers Callum Roper Jay Rosser Morgan Rowland Kane Ruck Lyndon Rood James
disson Sealy Aaron Searle James Sears Cai Selby Ahmed Shamim Ky Shaw Levi Shaw Micheal Short Morgan Sides Parfitt Joel SimAdam Simmonds Tianna Simmonds Tasmin Simms Tia Simpkins Morgan Sinnet Clare
Kelley-Smith Rhys Smith Steven Smith Tyler Smith Alexandre Soares Joel Spiteri Casie Spragg Chloe Spragg Jordan Spruce Amber Stanhope Leon Stanley Tirion Libby Staple Owen Stark Jake Steer Cameron Stevens
Kelly-Marie Sutcliffe Cerys Swaine Jordan Swarts Daniel Sweet Lewis Taafe Travis Talbot Charlie Taylor David Taylor Iestyn Taylor Jack Taylor Leo Taylor Morgan Taylor Evan Tepielow-Williams Benjamin Thomas Bethan
Thomas Maelona Thomas Meical Jon Thomas Kaycee Thomas-Evans Tobias Thomas-Rosser Ellis Thompson-Criddle Mia Thomson Bradley Thornton Balun Tilbury Rhys Tippings Iwan Townshend Lewis Tregembo Dylan
Dodd Waghorn Kieran Wagner Dylan Waite Joshua Wakeham Bobby-James Walfoot Alexander Walker Connor Walker Tyler Walker Dylan Wall Billy Walsh Bryony Walters Callum Walton Casey Ward Kieron Warren Takira
White Kieran White Lewis White Kyra Whittaker Canwyn Whomsley Kian Wickam Owain Wigmore Craig Wilcox Charlee Wiles-Jones Aliyah Wiley Katy Wilk Joshua Wilkins Jaydan Willey Sasha William-Brewer Long
James Matthew Williams Morgan Williams Rhys Williams Rory Williams Ruby Williams Ryan Williams Shae Williams Tyler Williams Kieran Willis Cian Willmot Iestyn Wills Corie Wilson Jemima Wilson Joshua Wood Cory

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MESSAGE FROM THE CHIEF EXECUTIVE

Welcome to MPCT's Annual Review of 2019.

This Review will cover three main areas: The Reach of our organisation, our Learner Development and finally our Staff Development. In each area, you will see just how far we've come on this journey.

Reach

As many of you will know, the Welsh translation is "Estyn" which is also the name of the Welsh equivalent of Ofsted. The word implies more than just reach, it's a reaching out, which I think perfectly defines what we're all about - reaching out to the people of England and Wales.

Back in 2014 MPCT had 14 centres, now we have 35. That's an increase of approximately 150% and in 2014/15 we had a total of 1,503 Learners start with us. That figure for this year has increased to 2,577 which is an increase of 68%! We estimate that we're now reaching 50% of the population. Back in those days it was only around 15%. We are now working with 131 schools with the Military Preparation School.

The Apprenticeship programme has 64 employers who currently engage with MPCT, in 2014 we only had 26 employers. This tells us that there's a need for what we do, and that we're doing it well, and it's not just us that has recognised this. Our Memorandum of Understanding with the Army last year highlighted their belief in our ability to deliver and I'm delighted that they have

stuck by its intentions and worked with us to improve progressions into the Army by 197% since its signing. As you will know we've seen our 3,500th Learner join the military and have now achieved 505 Learners this year heading from MPCT into a military career; 5 years ago, that figure was only 117.

This year, we have also been awarded the Defence Employer Recognition Scheme's Gold Award in acknowledgement of our support of the defence community, of which only 211 organisations are members. This is a further endorsement of our reach. It means we're recognised as a significant player in the defence community.

It's not just our physical presence that's grown in the last 5 years. A huge amount of work has gone into the marketing of MPCT, into spreading awareness of our existence and targeting those who need us most. "The Making of You" campaign is our strongest initiative yet in reaching out to our target audience.

Learner Development

So, what about our Learners themselves? What about their journeys? Well, recent figures show that in Wales 86% and in England 93% of our Learners are moving on to a positive career or learning destinations. In 2014/15 that figure was 76% and 87% respectively. So not only are we providing excellent outcomes for young people but we're getting even better at it. We've also increased the average number of qualifications each Learner achieves.



MESSAGE FROM THE CHIEF EXECUTIVE

In 2014/15 we helped young people achieve 2,954 qualifications; it was an amazing 4,818 this year! But it's not all about qualifications; our Learners are telling us they are enjoying their journey.

In their early findings from our recently commissioned research, the University of Northampton tells us that well-being amongst our Learners is high and that self-belief is very high. Research clearly suggests a direct link between physical activity and improved self-esteem, self-efficacy, confidence and mental health. So, with over 92% of Learners telling us their fitness is better within 3 months of joining MPCT, we are very proud of the positive journey we are taking them on.

Perhaps the best way to sum it up is in the words of our Learners themselves... "I just feel like it has made me believe in myself", "...this will help me find myself a bit more", "we get... a sense of togetherness, a bond". Sounds a bit like the "making" of them don't you think? This all has a wider impact. The fact that our young people are

twice as likely to come from socio-economically deprived areas means we are well-placed to make a real difference to society. Statistics suggest that education, employment and training outcomes for this grouping are normally reduced and the resultant taxpayer burden is significant.

"Making better citizens in the UK" is absolutely an achievable vision for us and we look forward to hearing more about our social impact as more results from the research become available next year.

Staff Development

Lastly, I'd like to talk about our staff. All this progress in our reach, all this distance travelled by our Learners, all these positive outcomes; it's all down to our staff. So now I want to look at their journeys, all 147 of them. This time 5 years ago there were 43 staff members at MPCT!

This year we dedicated our 20-year anniversary to the quality of teaching and learning and assessment. With that priority in

mind we've accomplished the mammoth task of completely re-writing the curriculum and the workbooks; we've launched 12 new curricula! MPCT staff have also undergone a huge amount of training. The introduction of our Learning Management System this year has meant that we can plan, design, deliver and track completion of training more effectively. It's early days, but I'm sure the system is going to be a great boost to us all on our CPD journeys. This year a total of 1,309 courses have been completed by our staff. These have ranged from Instructor Preparation Courses to Sports Coaching, Facet 5 Management Training and more. The benefits of investing in our staff has meant that 93% feel that CPD has benefited them in their roles and 90% feel MPCT have supported them in their development. Their thirst for learning hasn't stopped there and many of them have carried out CPD outside of work. Being the best we can be, is going to have maximum impact on the outcomes for our Learners and it should also make us feel good about ourselves. In staff feedback on training they have described courses as "demanding but fun", as making you "proud to be a member of MPCT" they enjoy sharing ideas, improving their confidence and invigorating their working practices.

This year we were delighted to be awarded the Investors in People Platinum standard. Only 1% of IIP accredited firms have achieved this and we join the ranks of giants like Deloitte, in being told we are amongst the best in putting our people management right at the top of the agenda.

So, for next year...

In January we're launching our new Specialists Coaching Scheme. This will see staff with a specific flair and extensive knowledge in certain areas becoming champions - they will become the "go-to" people for Learner Welfare, Physical Training, Teaching and Learning and the use of IT Management Information Systems.

In September 2020 we will be celebrating our 21st Birthday with a party and with the launch of our Strategic Priorities for the next 5 years. Thank you for sharing this journey. I hope it is the making of us all.



Huw Lewis MBE
Chief Executive Officer
MPCT

As we took over our respective roles as General Officer Commanding Army Recruiting and Initial Training Command (ARITC) and Chief Executive Officer of Recruiting Group in 2018, one of the early joint decisions we took was to sign a Memorandum of Understanding with MPCT. It was also probably one of the easiest decisions we made! MPCT has been instrumental in providing high quality recruits to The British Army. The MOU helped to focus our teams and put some real structure around the way that the MPCT and Recruiting Group personnel interface. This gave several advantages. Firstly, it meant we could use MPCT to support and nurture some of our candidates who had start dates to join the Army that were several weeks or even months away. Secondly, we were able to ensure that there was an open communication channel, to support those MPCT candidates going through what we know is a complicated recruitment process. Thirdly, we have been able to use MPCT to help some candidates struggling with fitness preparation to get to the level they need to join The British Army.

The results have definitely shown our decision to sign the MOU was a good one! In the 18 months since then, 112 MPCT learners have started at Army Foundation College Harrogate, 235 more have entered the Army's senior entry training for over 18s and a further 61 are already booked to attend the next Harrogate intake in March 2020.

We continue to work closely and collaboratively with the fantastic team at MPCT to improve our partnership still further and look forward to the relationship continuing to pay dividends into 2020 and well beyond!



Major General Paul Nanson CBE
General Officer Commanding Army
Recruiting and Initial Training
Command



Cath Possamai
Chief Executive Officer
Recruiting Group



Miss Sarah
Nehme

Mrs Adele
Prosser

Sergeant
Keiran Prosser

Mr Samuel
Griffiths

Staff Sergeant
Marc Del-Valle

Mrs Zoe
Del-Valle

Miss Abby
Dowey

Brigadier
Jock Fraser MBE

Cath Possamai

Lieutenant General
Tyrone Urch CBE

Huw Lewis MBE

Major General
Paul Nanson CBE

STRATEGIC PRIORITIES

SP1

Increase the number and range of Learners

MPCT aims to increase the number of Learners at the College through innovative marketing, networking and focused employer and partner engagement. It will increase its footprint by targeting the NEET demographic within large urban conurbations. MPCT will review the curriculum, adapt to local need and demand in order to ensure funding targets are met, whilst further developing progression routes and employability for Learners.

SP2

Enable Learners to aspire and succeed

MPCT is committed to personalising the learning programme for all Learners, through rigorous assessment within a culture of high expectation and aspiration. MPCT aims to build on its existing Employability framework, develop online support for learning and increase numeracy and literacy levels of all Learners up to and beyond level 2. Digital technology will help Learners to achieve their goals which are tailored to their individual starting point and needs. Throughout the learner journey, MPCT aims to recognise and celebrate the progress and success of all Learners, so that all Learners strive to be the best they can be.

SP3

Deliver inspirational teaching and learning

MPCT's passion is to deliver inspirational teaching and learning. MPCT will promote equality and diversity through teaching and learning and by developing a curriculum that supports the delivery of English, mathematics and vocational skills. MPCT is committed to maintaining its Ofsted outstanding status by identifying curriculum improvement strategies, new technologies and ICT resources to support inspirational teaching, learning and assessment. The learner is at the centre of all teaching and learning and further developing assessment strategies will help MPCT stretch and challenge all Learners.

SP4

Actively support employers, the skills agenda and economic growth

MPCT aims to build on existing partnerships and create new relationships with relevant agencies to help increase the skills of current and new employers. This includes working with the Armed Forces, Sport and Active Leisure industry, National Careers Services, as well as local and national employers. By engaging with local partners, MPCT can ensure it is responsive to local needs and identify training requirements for skills and labour demand. MPCT will ensure employer views are considered in developing future strategies and strives to provide effective information and guidance working with local Careers and Job Centre Plus.

SP5

To maintain financial health and diligence while investing in the vision

Financial efficiency and diligence at MPCT will be achieved through setting, monitoring and achieving financial targets in order to maximise income and performance. Expenditure will be controlled through targeted efficiency and effective risk management strategies. MPCT aims to improve processes for financial performance through effective utilisation of resources. Solvency and debt levels will be controlled continually and income diversified to increase overall contract income.

SP6

Develop and maintain a positive learning environment to support access to progression

MPCT strives to promote a safe, healthy, sustainable and welcoming college environment. MPCT will ensure the learning environment is adapted to meet planned growth changes. MPCT welcome eco-friendly initiatives that help create a quality-learning environment. MPCT will further invest and make internal improvements as well as improving the quality of resources to support the Learners and the curriculum in order to provide an enriching learning experience.

STRATEGIC PRIORITIES

SP7

Enhance our self critical and performance driven culture

MPCT's self critical and performance driven culture is achieved through successful implementation of the new common inspection framework as well as continuous improvement of the Operational Excellence Frameworks (OEF) and Achieving Excellence Framework (AEF). MPCT plans to review and enhance all quality and information procedures. Customer service at MPCT will further improve through effective utilisation of Customer Relationship Management (CRM). MPCT is committed to further developing its effective communication policy and ensures learner, parent and employer views are considered. MPCT is committed to maintaining Ofsted Grade 1 status, IIP Platinum and all other nationally recognised training standards.

SP8

Enable staff to aspire and succeed

MPCT is committed to appointing high quality staff and strives to promote opportunities in the form of internships, work placements and apprenticeships at MPCT. Staff at MPCT are given opportunities to gain appropriate qualifications through continuous investment and support in their CPD. MPCT strives to be seen as an employer of choice.

SP9

Be an outstanding and inspirational College at the heart of its communities

MPCT will maintain relationships with key partners across all communities within which it operates, with the aim to be the partner of choice for Military and Sport preparatory training. MPCT will build on its effective and comprehensive provision and continue to work with local authorities, schools and Education Funding Agency (EFA). MPCT plans to further expand opportunities within MPCT Skills academies. By maintaining a strong community-learning programme working in conjunction with Motivational Learning Trust (MLT) and the voluntary sector, MPCT is well positioned to be at the heart of its communities in every region of the United Kingdom.

SP10

Develop Learners Physical Literacy

MPCT's passion is to promote health and wellbeing for all Learners to support future employment. Through a structured, fun and differentiated Physical Literacy Framework, Learners will improve their confidence and self-esteem. All Learners will have equal access to physical training and experience the winning spirit through a challenging competition curriculum. The curriculum will incorporate a tracking system, which sets realistic goals and individual learning plans. MPCT Learners will develop an excellent understanding of a balanced and healthy lifestyle.

SP11

Develop Digital Literacy

MPCT's ambition is to provide equality of access to technology for all Learners. MPCT strives to be a sustainable, inclusive and prosperous college that embraces all technology. Digital literacy skills will form part of education at MPCT whereby Learners will have access to their own learning at any time through technology. Digital Literacy at MPCT will further enhance progression opportunities through the effective use of technology. A rigorous and robust curriculum design that embeds ICT and ILT skills will also support MPCT as a digitally literate college.

SP12

Develop boys achievement rates

MPCT's delivery model applies focus on active teaching, learning and assessment which is centred around clear target setting through competition in and out of the classroom. MPCT mentors all Learners during 1-1 reviews to facilitate SMART targets. MPCT aims to have a proactive and assertive approach to learning with high expectations as well as regular and consistent praise to raise self-belief and self esteem. MPCT develops team ethic through competition and college pride. Outstanding teaching, learning and assessment is promoted through CPD at MPCT.





KEEPING LEARNERS SAFE

The safeguarding of Learners continues to be the most important element of what MPCT does. Learners continue to benefit from excellent safeguarding processes and procedures.

This year MPCT made a significant investment and launched the MyConcern application. This application is built around the needs of the Learners and allows all staff secure access to reporting and monitoring information.

The launch of MyConcern has significantly enhanced the reporting process of safeguarding and welfare issues. It has allowed important information to be shared with the relevant staff, managers and senior leaders quickly and securely.

As a result of this application and the great care taken to keep Learners from harm at college, 100% of Learners continue to state that they feel safe at MPCT.



**340 CONCERNS
RAISED ON
MYCONCERN**



**4096 LEARNERS
TRACKED ON
MYCONCERN**



**DEDICATED STAFF
TRAINED IN
MENTAL HEALTH
FIRST AID**



**90% OF CONCERNS
CLOSED THROUGHOUT
THE YEAR**



MPCT

NUTRITION

MINI

HEALTH &
WELL-BEING

SLEEP

LIFEST

LEARNER ENGAGEMENT

93%

**ENGLAND
PROGRESSION RATE**

48%

**OF FULLY EMPLOYED
LEARNERS ENTERED
THE MILITARY**

86%

**WALES
PROGRESSION RATE**

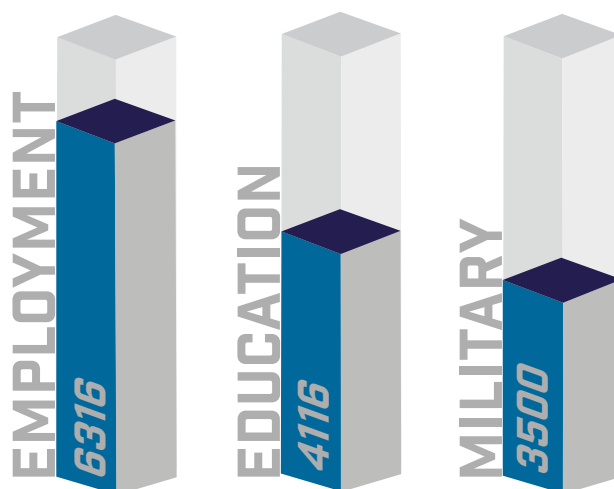
89%

**QUALIFICATION
ACHIEVEMENTS RATE
ENGLAND**

96%

**ACTIVITY
SUCCESS RATE
WALES**

PROGRESSIONS TO DATE



Study Programme and Traineeship data
(excluding MPS and MPCT Apprenticeships)



LEARNER AND PARENTAL FEEDBACK

The following feedback has been received through the Learner and Parental voice process and indicates the high quality provision delivered by MPCT and MPS across England and Wales.



81%

Stated that learning
had improved their
wellbeing



98%

Stated that MPCT was good
or excellent at helping them
understand and respect people
from different backgrounds



74%

Stated MPCT is
excellent at stretching
them to do their best



95%

Stated that staff were
good or excellent at
providing feedback
on how to improve



98%

Stated that they
feel like they have
progressed during
their course



99%

Rated MPCT as excellent or good



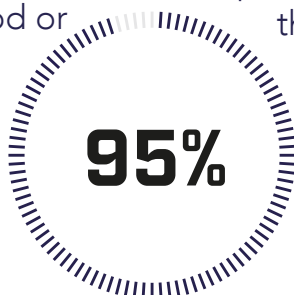
Stated that the support
Learners received to
progress was good or
outstanding



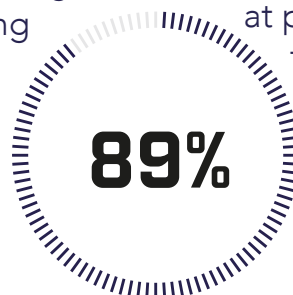
Stated that they
feel like they have
progressed during
their learning



Stated that the course
was good or outstanding
at preparing them for
their next steps



Stated that the use of
technology was good
or outstanding



Stated that they
would recommend
MPCT to a friend



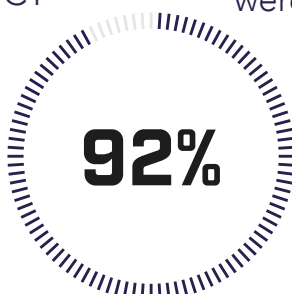
Of Parents stated
that their children
were happy at MPCT



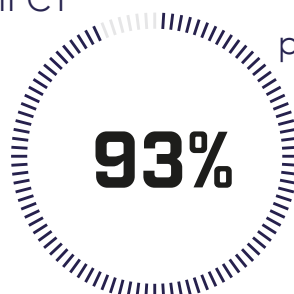
Of Parents stated
that their children
were safe at MPCT



Of Parents stated
that their children
were making
progress at MPCT



Of Parents stated that their
children are well looked after
at MPCT



Of Parents would
recommend MPCT to
another parent

OUR PEOPLE

A well managed, appreciated and rewarded workforce is essential in order to deliver an outstanding quality of education. Our people are rewarded and recognised through very competitive salaries, a sector leading rewards package, and high quality personal development and progression opportunities.

MPCT constantly seeks out new and innovative ways to recognise and reward staff.

MPCT has been awarded Platinum Status from Investors in People, putting the company in the top 1% of world class business performance.



MPCT employees are given £15 a month towards a well-being activity. We believe creating a good work life balance is important to keeping staff healthy and motivated.

All staff have life assurance with GROUP LIFE cover in place. This policy pays out 3 times the annual salary should the worst ever happen.



All teaching or programme staff receive 8 weeks of holiday, through shutdown periods. All support staff receive 6 weeks holiday on a flexi basis. This is above national standard leave.



Staff are enrolled on a work based pension scheme and the company contribute above the national minimum.



At MPCT we offer a Christmas saving scheme where you will receive 10% interest on each year.



MPCT review salaries annually and benchmark against other training providers within the network. This ensures we are providing excellent salaries.

All staff are eligible to claim for an annual eye test.



All staff are given an annual allowance and access to MPCT online shop to choose their

Tea & coffee provided free of charge across all colleges. Staff are also encouraged to provide fruit.



All staff receive birthday, Christmas and special occasion gifts from the CEO.

If you use your mobile phone for operational reasons or you hold a certain role, you can claim £15 per month.



Our annual award ceremony recognises the achievements of our employees over the previous year.

All employees attend the Christmas party which is paid for by the CEO.



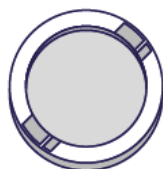
Staff can apply to join the cycle to work scheme on an annual basis.

Staff in certain positions can claim a monthly car allowance.



Staff in head office are eligible to work a flexible working pattern.

Staff receive a milestone at 3 years and a loyalty coin at 6,9,12, and 15 years.



Staff accrue an extra day's leave at 3, 4 and 5 years.

The last Friday of every month all staff come together as a team and celebrate the month's achievements over FREE lunch.



Staff are eligible to claim for an annual flu jab

STAFF VOICE

97%

Of staff stated that they know what is expected at work

95%

Stated that their supervisor or someone at work cared about them

96%

Stated that the MPCT mission makes them feel that their job is important

95%

Stated that their co-workers are committed to doing quality work

93%

Stated that they had opportunities to learn and grow at work

98%

Stated that they would recommend MPCT as an employer

95%

Stated that someone at work encourages their development

Everyone works towards the same goal and the curriculum intent, while staff are given the flexibility to implement what is required to have the greatest impact on the learners.

MPCT Employee



LEARNING AND DEVELOPMENT

MPCT places a considerable emphasis on staff continuing their professional development whilst employed at MPCT. This investment in time and money ensures that staff are educated, knowledgeable in their field and are well qualified.

The following courses, training, learning and meetings have taken place:



- There have been 48 new members of staff this year.
- 32 are still employed.
- 1 member of staff has been promoted to a more senior role



- Staff Inductions
- Instructor Preparation Courses
- Physical Training Practitioners Courses
- Coaching Courses
- Young People Mental Health First Aid Courses
- First Aid at Work Courses
- Education Inspection Framework Training
- Senior Management Conference



- 27 online courses have been developed and are available
- 1309 online courses have been completed
- 654.5 hours of independent learning completed



- 14 Induction Courses completed with 48 staff trained
- 2 Instructor Preparation Courses completed with 19 staff trained
- 2 Physical Training Practitioners Courses completed with 21 staff trained
- 2 Coaching Courses completed with 45 staff trained
- 1 Mental Health First Aid Course completed with 16 staff trained
- 3 First Aid at Work Courses with 28 staff trained



- Regional Operations Manager Meetings
- Curriculum Development Meetings
- Skills and Vocational Standardisation Meetings
- Team Meetings

The IPC was an excellent course, well delivered with humour and passion. I took so much away and now I have the confidence to be me in front of my learners with my own style....made me proud to be a member of MPCT.

MPCT Employee



CURRICULUM

The MPCT curriculum continues to be designed and developed to meet the needs of our Learners and the high expectations of the partners and employers we work with. The curriculum intent, implementation and impact are central to the design of MPCT programmes.

The clear curriculum intent of all MPCT is to make better citizens in the UK.

The current MPCT curricula includes:

- YMCA Awards Level 1 Diploma in Sport and Active Leisure
- MPCT Inspired by Sport
- MPCT Inspired by Fitness
- 1st4Sport Level 2 Certificate in Coaching Sport and Physical Activity
- 1st4Sport Level 2 Certificate in Coaching Multi Skills Development
- Level 2 Foundation Apprenticeship in Exercise and Fitness
- Level 3 Apprenticeship in Exercise and Fitness
- Level 2 Foundation Apprenticeship in Activity Leadership
- Level 3 Apprenticeship in Sports Development.
- City and Guilds Level 2 Extended Certificate in Employability
- BTEC Level 2 Extended Certificate in Teamwork

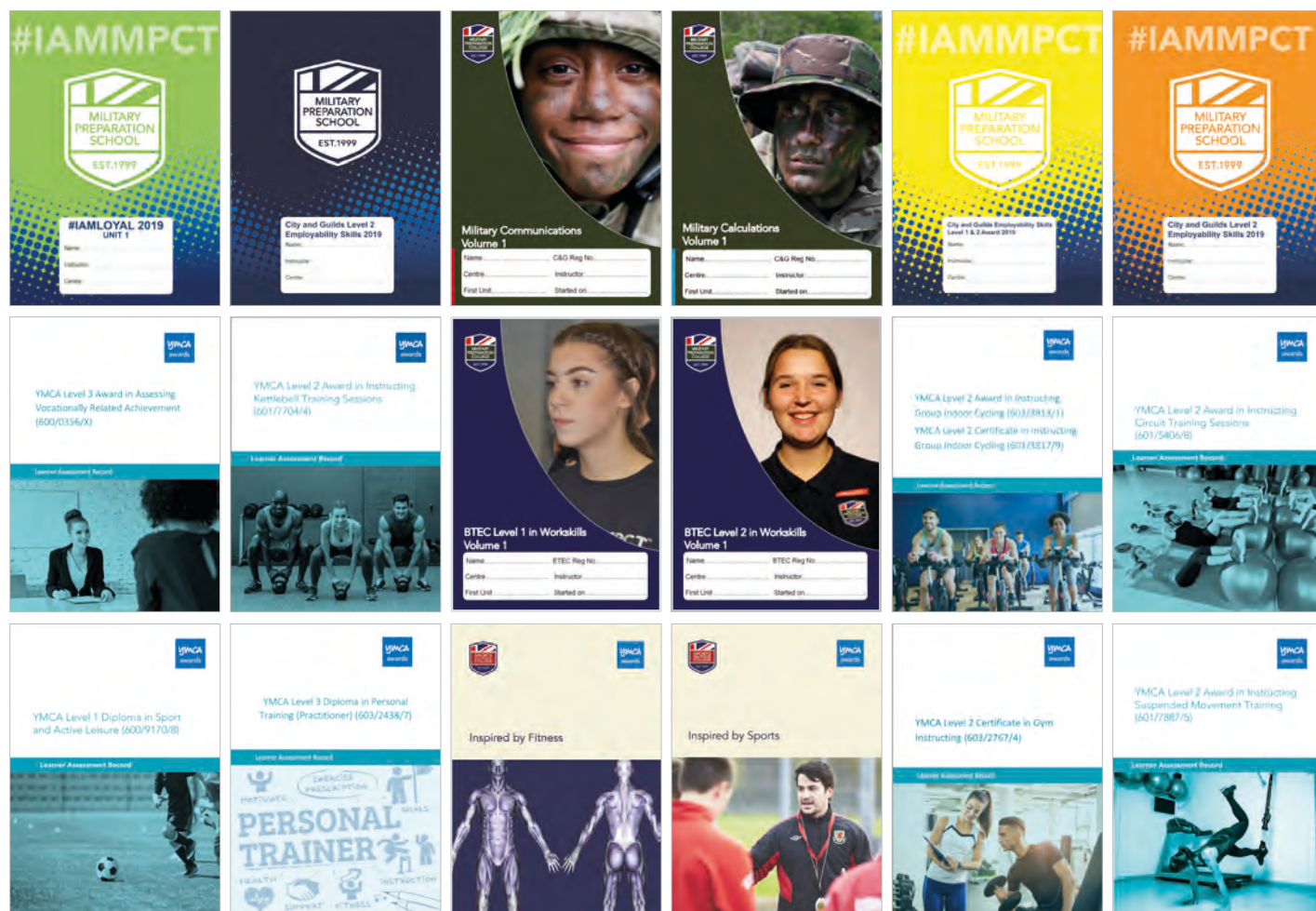
This year has seen the launch of 14 pieces of new curricula. Each has a range of high-quality resources developed by operational staff across the whole organisation. The new curricula are:

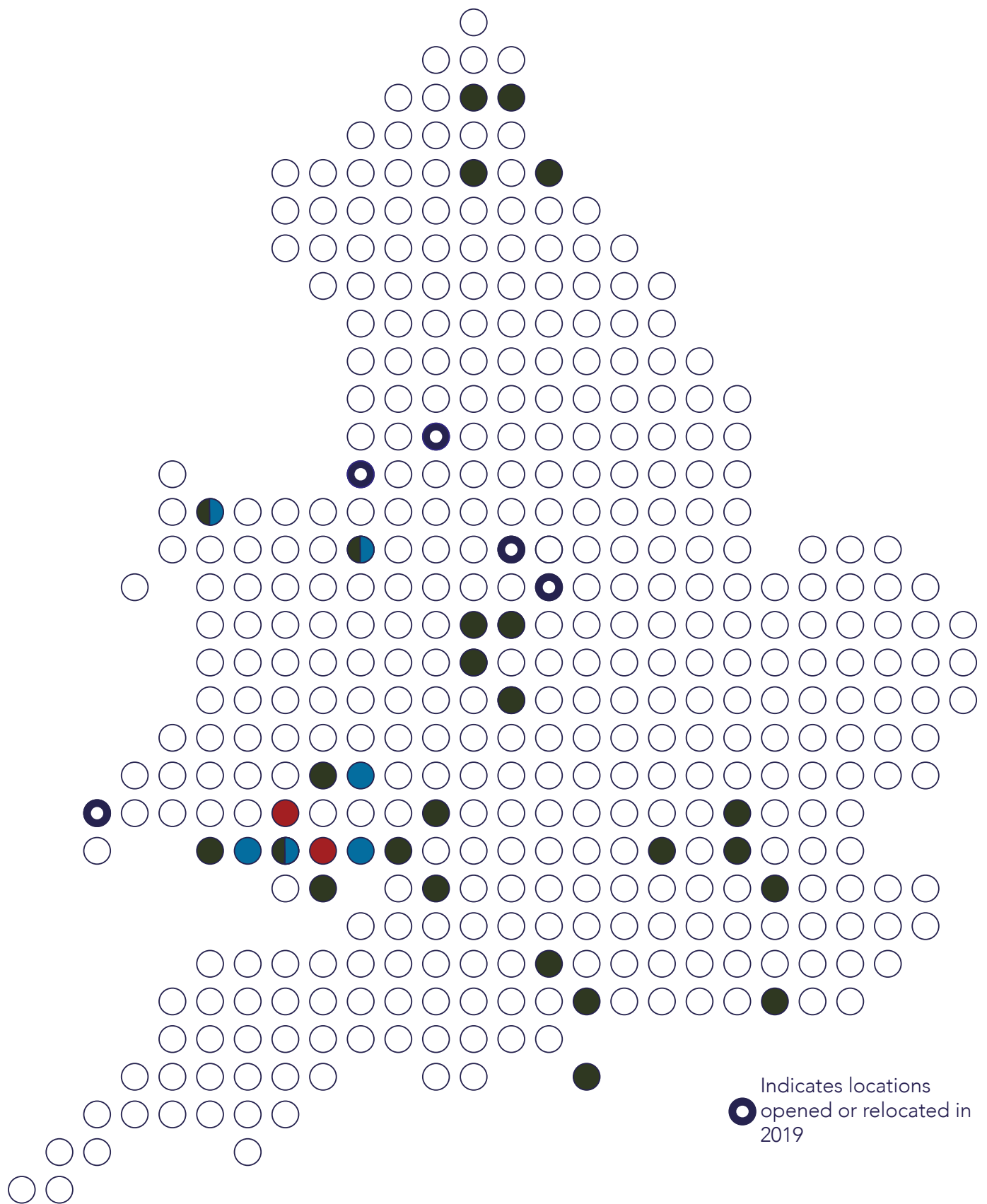
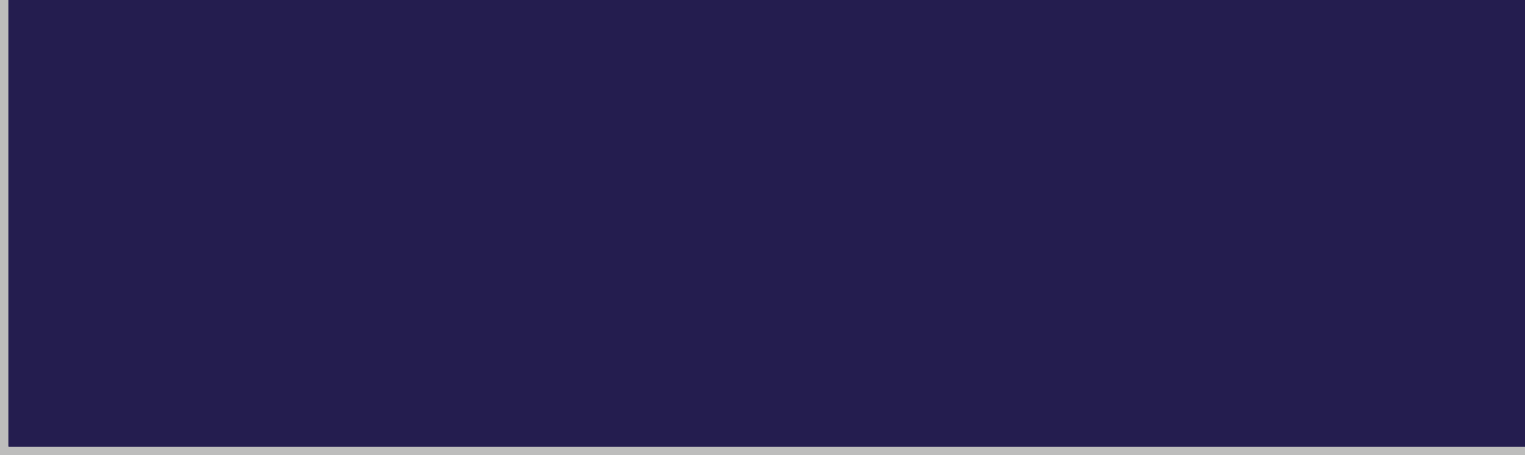
- Pearson/BTEC Level 2 Awards, Certificates and Diploma in Workskills, Volumes 1, 2 and 3
- Pearson/BTEC Level 1 Awards, Certificates and Diploma in Workskills, Volumes 1, 2 and 3
- Military Calculations Level 2/1, Volume 1 and 2
- Military Calculations Entry Level 3, Volume 1 and 2
- Military Communications Level 2/1, Volume 1 and 2
- Military Communications Entry Level, Volume 1 and 2
- Level 2 Certificate in Gym Instructing
- Level 3 Diploma in Personal Training
- Level 2 Award in Instructing Suspended Movement Training
- Level 2 Award in Instructing Group Indoor Cycling
- Level 2 Award in Instructing Kettlebell Training Sessions
- Level 2 Award in Instructing Circuit Training Sessions
- Level 3 Award in Assessing Vocational Related Achievements
- Military Preparation School Young Leaders Programme

The MPCT curriculum leads are:

- Dan Shooter - Military Preparation School Employability and Teamwork
- Ryan James and Dylan Jones - MPCT Apprenticeships and Sports College
- Michael Ronan - Military Communications and Calculations (Military Content)
- Jenny Brophy - Military Calculations Level 2 and 1
- Monique Mustafa - Military Communications Level 2 and 1
- Lisa Gill - Military Communications and Calculations Entry Level
- Gary West - Workskills

All regional staff were involved in the implementation of the curriculum through the design and development of teaching, learning and assessment resources. This includes the assessment books, PowerPoint presentations, lesson plans and learning resources.







HEAD OFFICE
LOGISTICS CENTRE
MPCT STORE



ALDERSHOT
BANGOR
BATTERSEA
BIRMINGHAM
BISHOP AUCKLAND
BRIDGEND
BRISTOL
CARDIFF
CROYDON

DUDLEY
EASTBOURNE
EDGWARE
GLOUCESTER
ISLE OF WIGHT
LIVERPOOL
MANCHESTER
MERTHYR TYDFIL
NEWCASTLE

NEWPORT
PORTSMOUTH
SOUTH SHIELDS
SOUTHAMPTON
SWANSEA
TEESSIDE
WALSALL
WOLVERHAMPTON
WREXHAM



BANGOR
BRIDGEND
CARDIFF
HAVERFORDWEST
RHYMNEY
RODBASTON
SWANSEA
TAMWORTH
WREXHAM



CARDIFF
RHONDDA CYNON TAFF

APPRENTICESHIP PROGRAMME
SOUTH WALES

NEW CENTRES

North West



MPC MANCHESTER
Army Reserve Centre
Oldham Road
Failsworth

Military Preparation School



MPS RODBASTON
Rodbaston Campus
South Staffordshire
College



MPS
HAVERFORDWEST
Pembrokeshire
College



MPS TAMWORTH
Tamworth Campus
South Staffordshire
College



SOCIAL IMPACT STUDY

In summer 2019, The Chief Executive commissioned a large research project to measure the social impact of MPCT programmes and to provide academic evidence of the benefits to our Learners and society in general.

The specific aims of the social impact study are:

1. Gather data from MPCT staff and students, their parents/guardians, and employers;
2. Analyse data and report on the results to enable any corrective action to be taken, and enable MPCT to promote its effectiveness further;
3. To produce evidence of effectiveness that MPCT could choose to present to future partners, stakeholders and educational inspectorates.

The research methods used will gather data on:

1. The social impact
2. The environmental impact
3. The economical impact

The social impact will measure:

1. Personal career planning
2. Improvement in physical and emotional fitness and wellbeing
3. Improvements in functional mathematics and English skills
4. Improvements in military knowledge

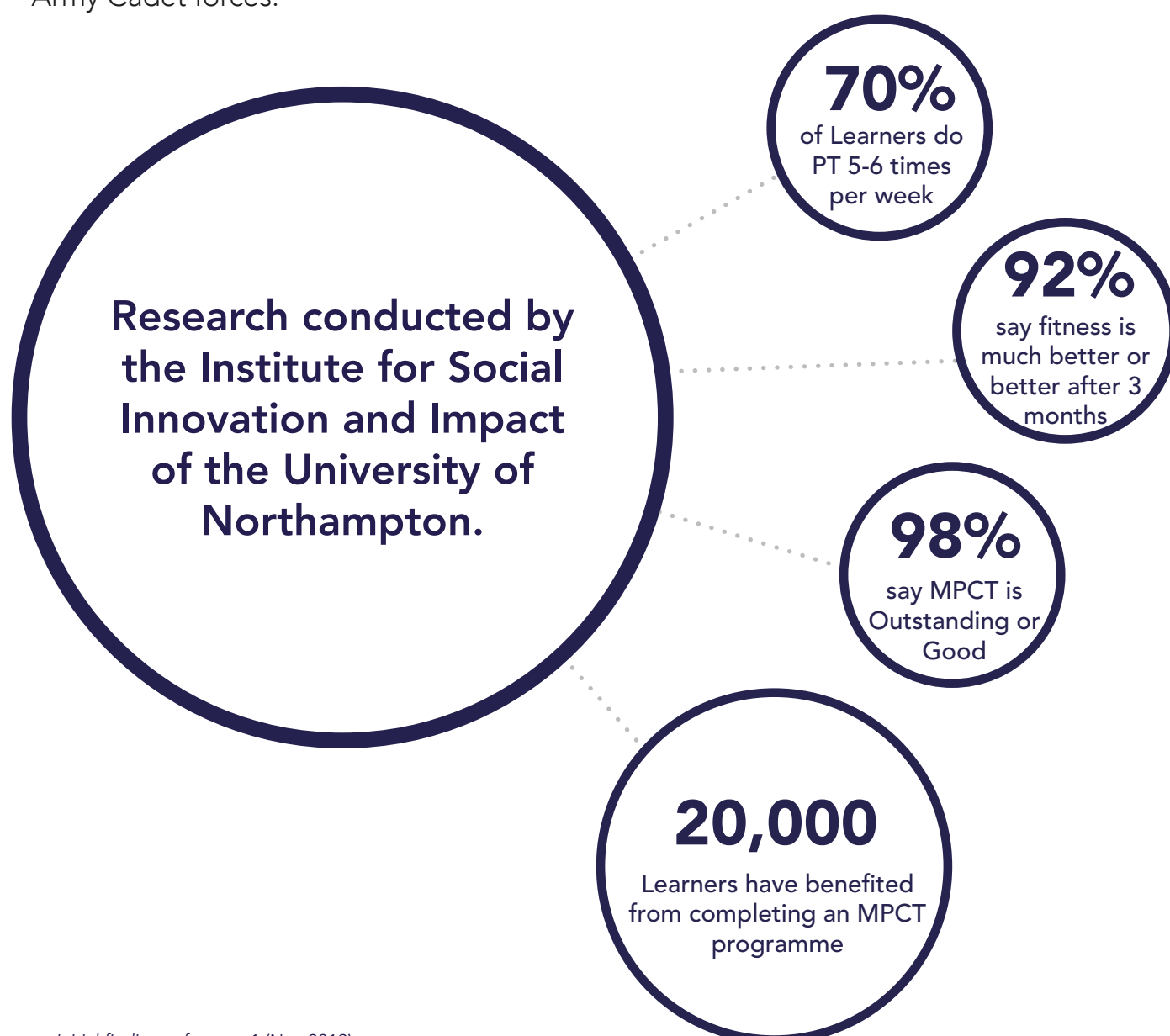
The research will deliver its final report in 2020.



The research is being conducted by the Institute for Social Impact, of the University of Northampton. This institute has a strong reputation for conducting valid research on social issues and the interventions used to support them.

The research is being conducted by Professor Simon Denny and Dr Claire Paterson-Young.

Both are experienced researchers in the social sciences. Professor Denny has also conducted research on behalf of the Reserve Forces and Cadets Agency, to measure the impact of the Army Cadet forces.





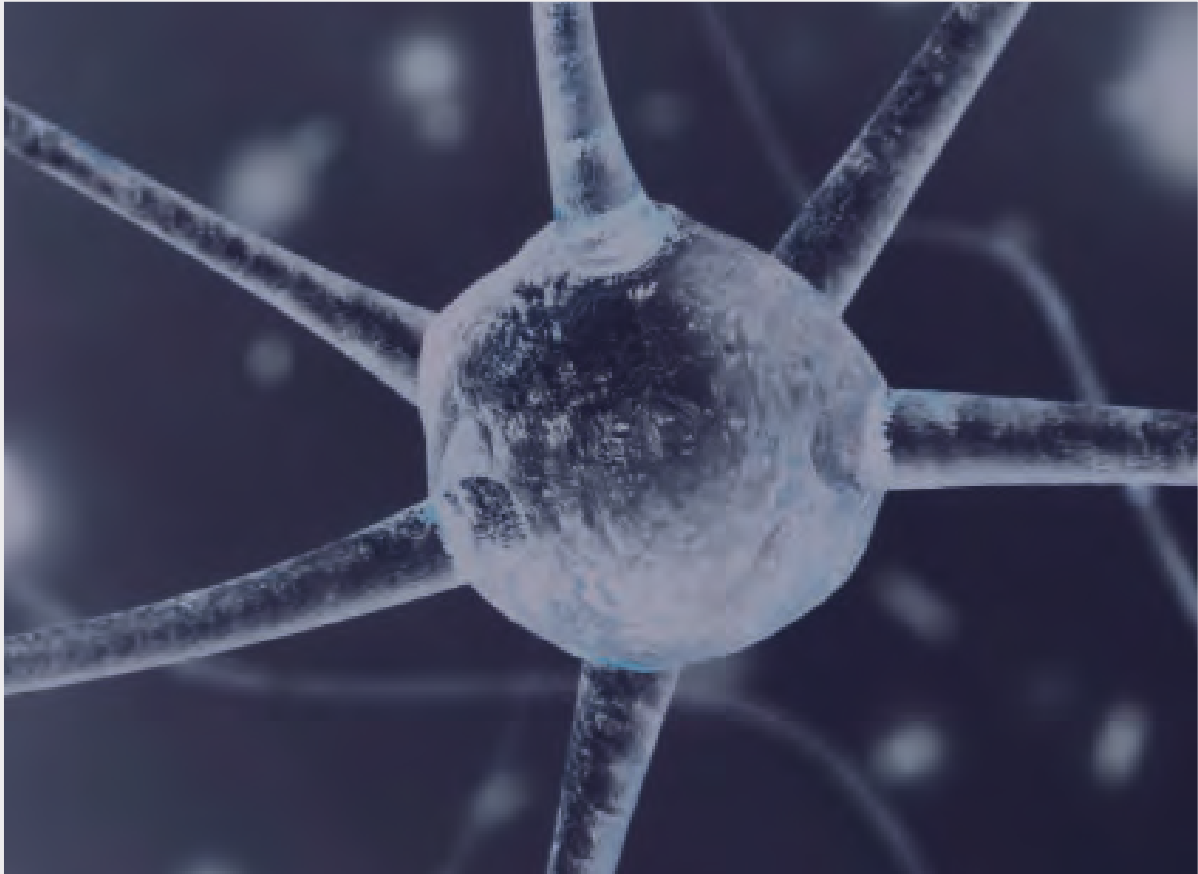


JANUARY HIGHLIGHTS

- » MPCT submits the company wide self-assessment report for 2017-2018. The MPCT self-assessment brings together evaluations from all regions and departments. This year, the self-assessment was validated by Pat Denham OBE and John Evans, the Principle of South Devon College.
- » Learning and Development becomes part of the Human Resources department, with the first IPC of 2019 delivered at MPC Merthyr.
- » Rear Admiral William Warrender CBE, Flag Officer Sea Training, visits MPC Newport, receives a brief from Learners and watches a wide range of Learner demonstrations.
- » Ex-Learner Jack Kojo-Braima of MPC Croydon stars in the ITV programme, Paras - Men of War.
- » MPCT launches the New Year, New You campaign.



The MPCT Learning Management System is developed to allow staff to conduct continuous professional development and learning at a pace and time that best suits them. The range learning activities are designed to support staff to deliver outstanding learning programmes. Central to this, is the launch of the MPCT Laws. The MPCT Laws ensure staff are aware of key pieces of legislation, policies and processes. The MPCT Laws assessment is mandatory for all operational staff.



The MPCT Laws from the Inspire Training Academy on the MPCT Learning Management System (LMS)

"The LMS has made our learning and development more relevant and accessible than ever. Staff are able to have access to great quality learning resources when and where they want."

Nathan Gibbons, Head of Learning and Development

FEBRUARY HIGHLIGHTS

- » Estyn Inspects ACT and conducts observations of teaching, learning and assessment at the MPCT Apprenticeships, MPC Newport and MPC Bangor.
- » The South Wales Awards ceremony took place at Cardiff City Stadium. Learners from all of the South Wales MPCs took part .
- » Learners from the North East MPCs visit ITC Catterick to learn about the wide range of roles within the Infantry, Airborne and Guards, hosted by Major General Paul Nanson CBE, General Officer Commanding Army Recruiting and Initial Training Command.
- » Cardiff and Newport Learners join in with the Gun Salute at Cardiff Castle.
- » Ex-Learner Miss Campbell stars in the Army recruiting campaign.
- » MPC Cardiff Learners welcomed members of the Welsh Guards back from their tour of Op TORAL in Afghanistan.
- » The Motivation and Learning Trust signs the Armed Forces Covenant.
- » Ryan James and Nathan Gibbons delivered the Coaching Skills qualification to the South Region to support the curriculum intent.



During the Estyn Inspection, HMIs and peer inspectors commented on the excellent quality of teaching, learning and assessment across all our observations. Inspectors witnessed learners engaged in military mathematics and English, military training, coaching and physical training.



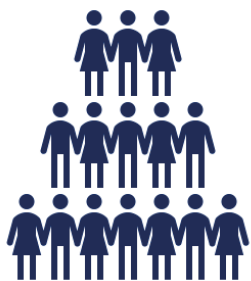
Miss Campbell, Ex-MPCT Learner stars in the Army Foundation College, Harrogate recruiting campaign.

©Crown Copyright

“What else do you need to do to be excellent?”

MARCH HIGHLIGHTS

- » MPCT launches its new prospectus for the English and Welsh provision.
- » MLT Trustee and Local employer Ed Saville from Newport Galvanisers, helps ex-MPCT Learners celebrate National Careers Week.
- » MPCT Sports Apprenticeships support options for ex-Sports College learners during National Careers Week.
- » MPCT celebrate International Woman's Day 2019. Sports College conduct sessions on equality.
- » Learners take part in a look at life course at CTCRM at Lymestone.
- » Pete Leak starts his massive 15 event challenge for MLT.
- » MPCT celebrates the International Day of Happiness.
- » Ex-MPC Bangor Learner, Danny Brookwell receives his Football Association of Wales Cap.
- » The new Workskills, Military Calculations and Communications curriculum projects are agreed by the SLT.
- » MPC Wrexham celebrate its awards ceremony at Wrexham Glyndwr University.



MPCT progresses a record beating 66 learners to the junior entry intake at Army Foundation College, Harrogate; making up 11% of the intake. The learners are progressing on to modern apprenticeships in a wide range of role within the Army. These include IT and Communications, Engineering, Medical Services, Armoured, Infantry, Airborne and Guards.



MLT Trustee Ed Saville with his ex-MPCT learners at Newport Galvanisers, part of the Wedge Group.

"Helpful, professional and understanding. Thank you for looking after my son."

Parent of a MPCT Learner

APRIL HIGHLIGHTS

- » Learners take part in Exercise St George's Dragon on Lord and Lady Bathurst's land in Gloucestershire. MPC Newport win the Ex St George's Dragon patrol competition.
- » The MPCT North Region celebrate its awards ceremony at St James' Park, Newcastle.
- » MPCT Learners support World Health Day.
- » MPCT centres in the Midlands celebrate it's awards ceremony at Molyneux Stadium, Wolverhampton.
- » The Chief Executive of MPCT, Huw Lewis, Chief Executive of Captia Recruiting Group, Cath Possamai and the Deputy Director of Communications, Huw Moores visited the 66 Learners at the Army Foundation College, Harrogate.
- » The Army Air Corps visit MPC Aldershot and MPC Newport, with Learners marshalling a Gazelle Helicopter to land.
- » MPC Birmingham conduct a sponsored run and complete 500 miles in 4 hours as a college. All money raised goes to the MLT.
- » Learners from MPC Portsmouth complete a 19.24 mile yomp. Just an ordinary Wednesday at MPCT.



On Tuesday 9th of April, MPCT's Military Preparation School hosted their Awards Ceremony in the Ricoh Suite at Cardiff City Stadium. The event was a huge success for the 109 Bridgend, Cardiff, Rhymney and Swansea Year 11 learners. All Learners were outstanding, and provide an excellent example of why our MPS provision has expanded so rapidly with new provisions opening in West Wales and England.



"The learners, guests and parents ensured the event was hugely supported along with learners displaying excellent examples of public speaking and active learning demonstrations."

Dan Shooter, Deputy Director of Schools

MAY HIGHLIGHTS

- » MPC Bristol raise £1068 by completing a sponsored Log Race.
- » MPCT Sports College Learners visit the University of South Wales to experience university life and the amazing facilities USW has to offer.
- » Cardiff Sports College visit the Cardiff Blues and get to meet some of the players and coaching team.
- » MPC Eastbourne celebrate its awards ceremony in their centre.
- » Ex-MPCT Learner Private Weaver wins the Royal Logistic Corps Soldier of the Year by Her Royal Highness, the Princess Royal.
- » MPCs in London celebrate their awards ceremony in MPC Croydon.
- » The MPCT 'Making of You' campaign shoots its stills and video content in MPC Gloucester.
- » Staff from the South Region record video content and stills for the 'Making of You' campaign in MPC Aldershot.
- » MLT Gala Dinner takes place at Cardiff City Stadium, where Lieutenant General Ty Urch CBE presented Learners with the Home Command coins.
- » Captain Harris RN, Commanding Officer of HMS Raleigh, visits MPC Newport.
- » The assessments for the new Workskills curriculum are developed by MPC staff from South Wales and Dave Huggins and Connan Cuthbertson from the North East.



The 'Making of You' campaign seeks to engage Learners from all backgrounds and regions of the United Kingdom. The different segments of the campaign show Learners travelling to and from college, taking part in learning activities, physical and military training. Learners confidently describe the impact of the programme on their personal lives and their preparations for employment.

"I think you are all amazing. My son has become a better person since joining MPCT. Thank you"

Parent of a MPCT Learner



JUNE HIGHLIGHTS

- » MPC Southampton and Portsmouth support the national celebration of thanksgiving for the service personnel and civilians took part in D Day.
- » MPC Southampton and Portsmouth celebrate their awards ceremony.
- » MPC Bridgend spend time with D Day veterans at the civic centre in Bridgend.
- » The Chief Executive and Deputy Chief Executive joined in with the last few miles of the final commando test and witness ex-MPCT Learners being issued with their coveted 'green lids'.
- » The new 'Making of You' prospectus is launched.
- » MPC Battersea take on the marathon log race on Clapham Common, all in aid of the MLT, raising £1203.75.
- » WorkSkills teaching and learning resources are developed by all Welsh and English regional staff.
- » Si Richardson, an Ex-Royal Marine officer is appointed as an MPCT Liaison Manager.
- » Both male and female MPCT learners take part in a Royal Marines look at life at CTCRM Lymestone for the first time.
- » MPCT 'Keep in Touch' days take place to engage school leavers in readiness for the start of the new contract year.
- » Cardiff Sports College host Cardiff Youth Services at Channel View Centre.
- » MPCT Learners conduct Enterprise week across the UK, engaging with the public in different enterprise activities.
- » MPCT radio adverts play on Kiss 101, Birmingham Free Radio and Metro Radio.
- » MPCT learners and staff celebrate Reserves Day 2019.
- » Phil Jones and Steve Tallis are recognised for their contribution to physical training and the community in the Welsh Veterans Awards 2019.
- » MPCT Learners from South Wales and Bristol demonstrate the college programme at Armed Forces Day in Salisbury.



"Absolutely excellent, cannot fault it, fantastic place, fantastic staff, will definitely have my other children attend if that is their career choice, miss them all, like one big family"

Parent of a MPCT Learner

JULY HIGHLIGHTS

- » Learners from MPC Bishop Auckland and MPC South Shields take part in the Cleveland Hike.
- » MPC Aldershot Learners join veterans and serving Airborne Forces support the 50th Anniversary of connection between Aldershot and the Airborne Forces.
- » The North East region celebrates its first birthday.
- » WO1 (CCM) Steve Parker, the Command Corporal Major, visited MPC Aldershot.
- » Penny Mordaunt, the Defence Secretary, delivers her speech about the value and benefit of military preparation colleges in fighting knife crime.
- » Recruitment events are conducted across the UK to raise the range and number of Learners.
- » Cardiff Sports College celebrate its awards ceremony at Channel View Sports Centre.
- » RCT Sports College celebrate its awards ceremony at Coleg y Cymoedd, Rhondda.
- » BBC Radio 4 spend the day at MPC Gloucester to discuss the impact of military preparation colleges on young people.
- » MPCT are shortlisted for the 'heropreneurs' Small Employer of the Year award.
- » MPCT celebrates National Friendship Day.
- » MPCT is awarded Investors in People Platinum.



MPCT are awarded the highest standard PLATINUM of the Investors In People accreditation (IIP), a standard held by just 70 companies or 1% of the 8,300 UK firms with some form of the IIP accreditation. We have been continually recognised for our people management, receiving the IIP Gold standard in 2008, 2012 & 2015. Being one of the few companies in the UK to achieve Platinum further confirms that our culture and the quality of our training provision delivered to our young people is special.

**INVESTORSTM
IN PEOPLE**
MAKE WORK BETTER

**INVESTORSTM
IN PEOPLE**
MAKE WORK BETTER

At MPCT

We invest in people p/

"The phenomenal feedback from those interviewed, strong survey results, observed activities and substantial wealth of evidence provided by the organisation has supported MPCT achieving a Platinum Award."

Investors in People Assessor

AUGUST HIGHLIGHTS

- » MPC South Shields relocates to South Tyneside College Campus.
- » BBC Midlands visits MPC Birmingham to highlight the benefits of the military preparation courses.
- » Brian Richardson MBE and Martin Hunt are announced as nominees for the Veterans Awards England, the Community Award and Role Model of the Year respectfully.
- » The Chief Executive Officer visits CTCRM at Lympstone and spends time talking to ex-MPCT Learners.
- » Over 100 learners graduate from the Army Foundation College, Harrogate. 1 in 6 on parade are ex-MPCT Learners.
- » Steven McCabe, Ex-Cardiff Sports College Learner joins the Army's 300 club with outstanding PT results.
- » MPCT Apprenticeship Team expands to meet the demand for high quality apprenticeships in the fitness industry.



The latest MPC to open this year is MPC Manchester. This college is well positioned on the North East of the city to allow Learners from Manchester and the wider Lancashire area to access the provision. 202 Squadron of 75 Engineer Regiment are based in the Army Reserve Centre.

Since being at the college my daughter's confidence has soared. She loves the college and has made lots of friends.

Parent of a MPCT Learner



SEPTEMBER HIGHLIGHTS

- » MPCT hosts its annual Tower of London dinner night, with an impressive guest list of military, political and business leaders.
- » All South Wales MPCs take part in the MLT and Dreams and Wishes 50k Challenge.
- » MPS Young Leaders Programme is launched for primary school children across South Wales.
- » Ex-RCT Sports College Learner Jordan Withers makes his professional boxing debut with a victory.
- » MPC Learners attend a bespoke look at life course at CTCRM.
- » The Chair of the MLT, Lt Col Manny Manfred delivers his presentation on his experiences as a paratrooper on Operation Corporate in the Falklands.
- » The Yorkshire Regiment visit MPC Teesside and deliver an excellent insight day.
- » MPC Bishop Auckland are nominated in the Best of Bishop Auckland Business Awards, winning the Best Newcomer Award.
- » All MPC Colleges recognise National Fitness Day.
- » Brian Richardson MBE and Martin Hunt both receive Bronze Medals for their Veterans Awards.
- » Natasha Kirk, from Head Office, completes the Cardiff Half Marathon for the MLT.



The annual Tower of London dinner night is held in the Regimental headquarters of the Princess of Wales' Royal Regiment within the Tower of London. The event brings together key stakeholders, partners and friends of MPCT in the most striking of environments.

"An inspiring, humbling and enjoyable evening
and a real privilege to be there"

Brigadier Fraser, Royal Navy Commander in Wales
and West England



OCTOBER HIGHLIGHTS

- » Learners take part in Ex St Georges Dragon at Longmoor training area. The Troops are visited by the Army Air Corps and Royal Air Force.
- » MPC Manchester launches at the Imperial War Museum (North) with Learners supporting from MPC Wrexham.
- » Cath Possamai, the CEO of Capita Recruiting Group closes the MPC Manchester launch event with a very positive speech focusing on the excellent MPC Learners.
- » Captain Viney, Commander Smallwood and Lt Col Scanlon from the Royal Navy and Royal Marines visit MPC Newport and are shown the excellent progress MPC Learners make on the programme. Captain Viney and Commander Smallwood are responsible for recruiting for the Royal Navy. Captain Viney said, "...you are an inspiration, and I would happily have you all at HMS Raleigh. You are at such a level, it is equal to week six in basic training."
- » Learners from MPC Cardiff support the Royal British Legion Poppy Ride event at the Senedd, the seat of Welsh Government.
- » MPC Croydon Learners conduct Adventure Training at the Marwell Activity Centre near Southampton.
- » Head office staff raise money for the MLT by dressing up for the Halloween 'spook-tacular'
- » Learners from MPC Manchester, MPC Croydon, MPC Edgware and MPC Battersea visit the battlefields of Northern France and Belgium.



The MPC Manchester launch event is a huge success. Learners from the newly opened Manchester College were joined by Learners from MPCT Wrexham who supported the event with their Active demonstrations, presentations and Icebreakers for which they should all be very proud of. VIP's and parents made their way to the incredible exhibition area to await the opening address and welcome. Cath Possamai, CEO of Capita Recruiting Group closed the event with a key note speech.

"We should celebrate the opening of another college where MPCT will be changing more lives for the better."

Cath Possamai, CEO Capita Recruiting Group



NOVEMBER HIGHLIGHTS

- » Marine Nothnagel and Marine Garrett become Royal Marines and pass out with 276 Troop. Michael Nothnagel was supported by the MLT to achieve his dream of becoming a Royal Marine. He passes out with the Commando Medal, an outstanding achievement.
- » MPC Cardiff Learners take part in the Wales Festival of Remembrance in St David's Hall, Cardiff.
- » MPC Cardiff Learner, Mike Allsopp reads the declaration on behalf of the youth of Wales.
- » Learners and staff across all Colleges in England and Wales take part in acts of remembrance.
- » Learners from MPC Battersea meet HRH Prince Harry at the Garden of Remembrance in Westminster Abbey.
- » Learners from MPC Cardiff take part in an act of remembrance in the Garden of Remembrance in Cardiff Castle.
- » Learners from MPC Wolverhampton support the act of remembrance, attended by the Prime Minister, Boris Johnson.



MPCT has been presented the Defence Employer Recognition Scheme Gold Award. Lieutenant Colonel (Retired) Marvin (Manny) Manfred, Chair of MLT and Jonathan Poyner, MPCT Patron were hosted by Brig Harrington. MPCT was presented the ERS Gold Award by the Chief of Defence Staff General Sir Nicholas Patrick Carter, KCB CBE DSO ADC Gen in the Atrium at the Army Museum, London.

They shall grow not old,
as we that are left grow old:
Age shall not weary them,
nor the years condemn.
At the going down of the sun and
in the morning
We will remember them.

From For the Fallen by
Laurence Binyon



DECEMBER 2018

HIGHLIGHTS

December brings opportunity to visit the regions and celebrate the success of the year with staff. Over December and early January four SLT Awards functions were conducted across the company.

MPCT staff members work extremely hard to ensure that our Learners receive the very best in teaching and learning.

The job can often be challenging, tiring and demanding. Despite this, the job is also extremely impactful and rewarding.

Our unique learning style, development and investment in individuals has resulted in outstanding performance across all areas.

With continued commitment to excellence, we will not only uphold the standards but develop even further as individuals and as an organisation.



SLT AWARDS 2019

It is now time to look forward to the 2019 awards. We have an incredible night ahead of us. This evening we will have the privilege to listen to Mr Chris Moon MBE. Chris has a truly inspiring story, from his military service to his life-changing injuries on mine clearing operations, Chris is a shining example of perseverance.

During the evening there will be a wide range of awards, to celebrate the hard work, dedication and commitment shown by our own staff. The different categories are shown in the page across.

"Chris is inspirational, motivating and funny... if we can take even a snippet of your positive energy and will power then we are destined for success"

St James's Place Wealth Management



"Chris Moon added enormous value to the evening and I believe it gave the staff something to aspire towards"

MPCT Employee

SLT Awards 2019 Categories

Quality of Education:

Teaching and Learning Award
Vocational Qualification Awards
Best Skills Tutor Awards

Behaviour and Attitudes:

Attendance Awards

Personal Development:

Physical Training Awards
Military Engagement Awards
Progression Awards
MLT Fundraising Awards
Positive Impact Awards

Leadership and Management:

Best Performing College Award
Recruitment Award
Regional Employee of the Year Award
MPCT Employee of the Year

Head Office Awards

Head Office MLT Fundraising Award
Outstanding Contribution to MLT Award
Quality Support Officer Award
Communications Team Advisor Award
Service Delivery Award
Employer Engagement Award

SLT AWARDS 2019

WINNERS

The following people received recognition for their hard work in 2020. The wide range of awards demonstrates the celebration of achievement across the whole organisation.

Teaching and Learning Award

Luke Seal, Josh Skinner, Reuben Tucker, David Atkin, Nathan Curry, Luke Phillips and Connan Cuthbertson.

Vocational Qualification Awards

Josh Skinner, Reuben Tucker, Jahmolow French, Lee Winders, Troy Phillips, Joe Thomas.

Best Skills Tutor Awards

Carl Russell, Gosia Komorowska, Emma Burtenshaw and Claire West.

Attendance Awards

RCT Sports College, MPC Croydon, MPC Gloucester, MPC Swansea, MPS Cardiff and MPC Teesside

Physical Training Awards

Alex Webber, George Thompson, Kyle Smith, Nick Maunders, Joe Thomas, Juan Lopez and Adam Lewis

Military Engagement Awards

MPC St Georges, MPC Birmingham, MPC Aldershot and MPC Swansea

Progression Awards

*MPC Cardiff, MPC IOW, RCT Sports College,
MPC Birmingham, MPC Teesside*

MLT Fundraising Awards

*MPC Bristol, Cardiff Sports College, MPC Edgware, MPS Swansea,
MPC Bridgend and MPC South Shields*

Positive Impact Awards

Adam Priddle and Sarah Hulme

Best Performing College Award

*MPS Bangor, MPC Bridgend, MPC Gloucester, MPC Portsmouth,
MPC Teesside and Cardiff Sports College*

Recruitment Award

*MPC Newport, MPC St Georges, MPC Croydon, MPC Gloucester
and Cardiff Sports College*

The entire event was fantastic, I don't think there was any particular part of the day that was not special. Each section was great!"

MPCT Employee

SLT AWARDS 2019

WINNERS

Regional Employee of the Year Award

Zenny Afsar, David Huggins, Martin Hunt, Gary Thistlewaite,
Rob Carter, Phil Jacobs and Josh Skinner

Head Office MLT Fundraising Award

Gareth Arthur

Outstanding Contribution to MLT Award

Pete Leak

Quality Support Officer Award

Stacey Whitcombe

Communications Team Advisor Award

Natasha Kirk

Service Delivery Award

Allan Peet

Employer Engagement Award

Ray Morgan

MPCT Employee of the Year

Matt Thacker

I am humbled to receive the MPCT Employee of the Year award. I can only hope to continue to have the same impact on the learners and the company this year. Thank you very much for the recognition.

Matt Thacker
MPCT Employee of the Year 2019







QUALITY TEAM

The Senior Leadership Team



Huw Lewis MBE
Chief Executive Officer



Brian Edwards
Deputy Chief Executive Officer



Donna Briggs
Director of Human
Resources



Tim Williams
Director of Contracts



Steve Williams
Director of Risk
Management



Emma Lambert
Director of Finance



Huw Moores
Deputy Director of
Communications



Dan Shooter
Deputy Director of
Schools

Quality Management Team



Monique Mustafa
Head of Skills
(South England)



Emma Burtenshaw
Head of Skills
(South England)



Jenny Brophy
Head of Skills
(North England)



Lisa Gill
Head of Skills
(Wales)



Nathan Gibbons
Head of Learning and
Development



Gary West
Head of Quality and
Policy



Mike Ronan
Head of Quality and
Operations



Ryan James
Head of Sport



Richard Erskine
Head of Safeguarding
and Operational
Compliance



Jo Cook
Head of Compliance



Dionne Sylvester
Head of Marketing



Laurence Corbett
Regional Operations
Manager
(North East)

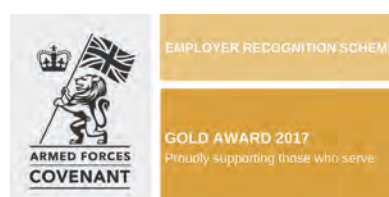


Pete Leak
Regional Operations
Manager
(Central)



Justin Edwards
Regional Operations
Manager
(Wales)

AWARDS



ACCREDITATION



THANK YOU TO OUR PATRONS

Major General Roddy Porter MBE
Colonel Hugh Purcell OBE
Mrs Elizabeth Singer DL SRN
Lieutenant General Jonathon Riley CB DSO PhD
Major General David Wilson CB CBE
Colonel Hugh Purcell OBE
Lieutenant Colonel Stephen Hughes
Lieutenant Colonel Phil Jones
Lieutenant Colonel Chris Kilmister
Lieutenant Colonel Colin Martin OBE
Caroline Ansell
Mrs Patricia Denham OBE
Jayne James
Roy Noble, OBE, DL, O.St.J
John Obrien MBE
Jonathon Henry Poyner C.St.J
Charles Vere-Whiting
The Rt. Hon. The Countess Bathurst
The Reverend Philip Gullidge BSc, BD, RChD (ACF)
Sean Bailey AM
Viv Burman
Joy Kent
Clare Kynaston
Tom McClean
Lieutenant Colonel Andrew Chapman
Alasdair MacConachie Esq., OBE, DL
Major General Dickie Davies CB CBE

*listed in order of appointment as a MPCT Patron.



MLT Trustees

Lieutenant Colonel Manny Manfred - Chairperson

Edward Saville - Vice Chairperson

Major John Charles, TD, DL

Steve Bowden

David Morris

Andrew Randolph Dodge

Stephen Charles Bridle

David Smith

Garry Blewitt OBE

Jason Trinder

Huw Lewis MBE

Huw Moores

Emma Lambert

Steve Williams

Dionne Sylvester

Lisa Sims

MLT Patrons

Lieutenant General Tyrone Urch CBE

Colonel Professor Kevin Davies MBE, RRC, TD, DL, PhD

Jeff Cuthbert

PARTNERS





APPRENTICESHIP PARTNERS

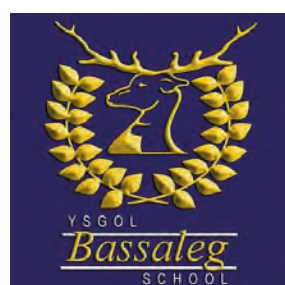




SCHOOL PARTNERS

The Military Preparation School is working in partnership with over 130 primary schools, secondary schools and academy trusts across England and Wales. The schools below are a representation of the diverse range of schools that MPS are working with.





CASE STUDY

Scott O’Keeffe

21-year-old Scott O’Keeffe is celebrating after passing the gruelling selection process first time, to become a Private in the Third Battalion Parachute Regiment.

The regiment forms the airborne capability of the British Army and the extreme levels of fitness required by candidates make the failure rate at the first attempt very high.

Along with stamina and endurance tests, candidates have to undertake three daytime and one evening parachute jumps before they can gain their wings and become fully fledged members of the battalion.

“It was incredibly intense,” said Scott, a former Sunderland University sport coaching and fitness graduate, “but the MPC staff were all ex-army and they really prepared me well.

“It was them that encouraged me to go for The Paras and they didn’t just make sure I had the right level of fitness, they taught me about teamwork and about taking instruction and really boosted my confidence as well.”

Sharing Scott’s success is mum, Vickie, a foster carer who has brought up Scott and his eight-year-old brother Jared single-handedly.

"I'm over the moon – I just can't believe, he's a Para," she said. "Because several members of my family had been in the Forces, I wasn't entirely surprised when he asked me to go with him to the Army recruiting office.

"They suggested he enrol at the MPC in South Shields and the change in him, almost from the start, was incredible.

"I used to struggle to get him to concentrate on anything, but they not only gave him a focus, they gave him an aim in life and his confidence and sense of self-worth just grew and grew.

"They really brought out the very best in him and even though Scott's now based at Colchester, they've stayed in touch and they even came to his passing out parade when he completed basic training."

Along with the South Shields centre, at South Tyneside College, there are Military Preparation Colleges at Newcastle, Teesside and Bishop Auckland.

Regional operations manager and former Royal Military Academy Sandhurst Instructor, Laurence Corbett, said Scott's achievement, "really is exceptional."

"The selection process is incredibly demanding and most cadets fail through injury, so to have got through first time is excellent. We are all incredibly proud of him."



CASE STUDY

Mohammed Merzouki

Mohammed Merzouki joined MPCT Edgware in September 2018 and will enlist into the Army to commence Phase 1 Training at ITC Catterick in July 2019. He will join The Princess of Wales Royal Regiment as an Infantry Soldier.

He has achieved this after a remarkable turnaround in his life, going from almost being sent to prison for a robbery he committed whilst he was part of a moped gang, to becoming a role model at the college, who all staff and Learners respect and admire because of his discipline, loyalty and selflessness.

Through a combination of his consistent and determined efforts and with the support of the staff, he has transformed his mind-set. Starting out as an aggressive and arrogant person, he has developed into a focused and humble man. This has allowed him to become one of the fittest members of the college and achieve his qualifications which recently helped him to pass Army Selection with a very strong A grade. Mohammed has also recently won the Most Promising Learner award this year, which is given to the Learner that the staff and other Learners believe will be successful in the military and life in general.

We are all very proud to have been part of Mohammed's journey and have no doubt he has the brightest of future ahead of him.



Mr Merzouki's journey has been incredible. He is living proof that young people can, with the right motivation and guidance, achieve their goal.

MPCT Employee

CASE STUDY

Samuel Griffiths Airbus

Samuel was born in the Royal Gwent Hospital in 2000. He was raised in Magor, Monmouthshire, attending Magor Primary School, before moving to Rougemont School for his secondary education.

A fit young man, Sam has enjoyed sport all his life. He has represented Gwent at Football and Newport District at Rugby. Sam ran in the British Cross-Country Championships for East Wales.

Sam has had a very successful academic journey. He has enjoyed every stage of his education, particularly his time at Rougemont. Sam achieved some outstanding results at both GCSE and A Level, gaining 4 A*s, 6 As and a Distinction in Additional Mathematics. After GCSEs, Sam felt unsure about his future career pathway, but had a interest in a career in the military. After receiving careers advice, Sam enrolled at the Military Preparation College Newport in July 2015.

Sam really enjoyed his relatively short time at MPC Newport, quickly progressing in physical training, achieving a green bib and joining the 300 club. Sam has very fond memories of his time at MPC Newport saying, "Both Staff Thacker and Staff Toye were incredible instructors". Matt Thacker remembers Sam as, "a model student; he was fit when he arrived, but left a machine".

Sam progressed to 6th Form, back at Rougemont, where he studied mathematics, further mathematics, physics, and design and technology at AS Level, achieving As in all four subjects. Sam continued studying mathematics, further mathematics and physics at A Level, again achieving excellent results with A*AA. Whilst at 6th Form, Sam gained entry to MENSA, further proving his clear academic ability and flair. On completion of his A Levels, Sam applied for and gained access to an under graduate degree apprenticeship at Airbus, in Filton, Bristol. In 2019, Sam received the University of West England Dean's Award for Excellence.

Sam has continued with his aspiration to serve in the British Army. He is undergoing initial officer training with Bristol University Officer Training Corps and hopes to commission in to the Royal Monmouthshire Royal Engineers. He has successfully completed the Army Officer Selection Board at Westbury, and will start his Reserve Commissioning Course once he has completed his initial military training. Sam is an active member of the Bristol UOTC across the full range of activities. .



As a consequence of his hard work, Sam was able to become a home owner at the age of 20 and lives in the same village he grew up in. Despite leaving home, he continues to have an excellent relationship with his parents and his brother, Joe. He describes his parents as "Fantastic".

Sam is single and spends his time playing football in the Airbus league and for his UOTC in Bristol, completing his officer training for the reserves and supporting his UOTC.

CASE STUDY

Sergeant Keiron Prosser Royal Marines

Keiron was born in Abergavenny in 1986. He was raised in Abertillery, attending Abertillery Comprehensive. Keiron describes himself as an average student, who generally enjoyed his time at school. Keiron achieved 5 A-Cs in his GCSEs in English Literature, English Language, Science, Design and Technology, and his favourite, Physical Education.

Keiron was football mad as a child, which has followed him into adulthood. He and his twin brother hves a kick about everyday, and from the ages of 12 to 16, he played for Six Bells FC. Alongside football, Keiron developed a love for snooker, learning from the 'old boys' in the Lib Club in Abertillery. Snooker, Keiron states, "kept me off the streets and out of trouble".

Keiron was always interested in joining the military, which was confirmed when a Royal Marines Visibility Team visited his school.

After school, Keiron and his brother, like many of his friends, went to work at the local food packing factory. At the same time, Keiron visited the Armed Forces Careers Office in Cardiff and began the process of joining the Royal Marines. During the recruitment process, Keiron was told about the Military Preparation College in Cardiff, and how the programme would help him get ready for training.

In January 2003, Keiron enrolled in the Military Preparation College at Dumballs Road, Cardiff. He absolutely loved the course, he remembers the physcial training, team work and focused guidance, and how it prepared him for commando training.

In June, Keiron joined 856 Troop and started his training as a Royal Marines Commando. Keiron recalls that he found the course quite straight forward as he was “fit and did what I was told to”. In February 2008, passed off with 30 other Royal Marines and received his hard-earned green beret. Keiron was one of the 10 ‘originals’ who started 856 Troop.

After training, Keiron was drafted to 42 Commando Regiment in Plymouth. After 6 months, Keiron was given the opportunity to specialise as Heavy Weapons Mortar man.

Once qualified, Keiron was then drafted to 45 Commando Regiment in Arbroath, Scotland. During this draft, Keiron spent 2 months on a deployment to the United States, practicing Arctic, mountainous and desert warfare training.

The next draft brought Keiron back home to Wales, with a 5 year draft to the Special Forces Support Group at RAF St Athan. During this time, Keiron deployed on 3 tours of Afghanistan and a number of training exercises around the world. Keiron passed parachute training whilst serving with SFSG.

In 2013, Keiron was drafted to 40 Commando, as a Mortar Fire Controller (MFC) and deployed to the United States again on mountain and desert warfare training.

After a short draft back to 42 Commando, Keiron was drafted to the Commando Training Centre as a Troop Sergeant, where he is currently serving. Keiron has the aspiration to apply for a commission in the Corps.

Keiron is married to Adele and they have 3 children, Rhiannon, William and James. He still loves fitness, running and playing squash, although he has hung up his football boots. Keiron has recently completed a Level 5 Diploma in Education and Training, a Level 5 Diploma in Coaching and Mentoring and resat (and passed) his GCSE Mathematics.



CASE STUDY

Staff Sergeant Marc Del-Valle Royal Corps of Signals

It is fair to say that Marc had the hardest of starts to his life. The early parts of his biography tells of a young man, who has the mental resilience and determination to succeed, despite the horrific situations he found himself in. Marc's story involves loss, abuse, poverty and extreme hardship. It is hard reading indeed.

A key theme in Marc's story is loyalty. As a young man in Cardiff, Marc developed strong friendships with a group, he refers to as the 'United Colours of Benetton', on the account of the diverse races and cultures they came from.

A catalogue of very difficult personal situations brought Marc to the doors of MPCT, then called the Army Preparation Course in Cardiff.

With the very kind support, guidance and leadership of Huw Lewis, Mark was able to get back on track and achieve his goal of joining the British Army. During his time on the Army Preparation Course, Mark tells of the inspiration Huw Lewis was, and continues to be. He recalls how his fitness improved and his confidence bloomed, allowing him to gain a place in the Royal Corps of Signals. Despite lacking the pre-requisite academic qualifications, Mark scored highly on the army entrance tests and was allowed to commence training as a Communications Systems Operator.

After a few minor initial adjustments to military life, Mark's career has rocketed. Mark was posted to 3 (UK) Division Headquarters and Signal Regiment at Bulford. He had an excellent start, being promoted to Lance Corporal within a year and quickly qualifying as an Army Physical Training Instructor. He achieved the top student award, top section award and quickest Personal Fitness Assessment award with a 1.5 miles run time of 7 minutes and 26 seconds. All of which are outstanding achievements.

Marc's career has continued on the same impressive trajectory. He has served as an Instructor at the Army Foundation College, Harrogate and in a support role within the United Kingdom Special Forces group. His service in support of the SAS has resulted in professional recognition by his commanders and extensive travel around the world on operations and exercises.

Mark was nominated for a General Officer Commanding commendation for his contribution to recruiting and a nomination for an second commendation for his service as a Regimental Signals Warrant Officer in Iraq. Marc is a qualified Jungle Survival, Evade, Resistance and Escape (SERE) instructor.

Mark is married to Zoe and has 4 children. He is a Staff Sergeant, Senior Permanent Staff Instructor, with 53 Signal Squadron in Cardiff. Marc is a vocal supporter of anti-knife crime initiatives in Cardiff.



Huw Lewis MBE Tim Williams Donna Briggs
MBE Julie Lambert Paul Evans Nath Gibbo
Gareth Arthur Ryan Roberts Brian Edwards L
Andrew Rees Huw Moores Lisa Gill Phil Jacob
Ian Sanger Allan Peet Roshan Poudel Martin
Morgan Chris Fletcher Chris Davies Adam
Hill Andrew Harris Lesley Brown Christophe
Matthew Thacker Dan Shooter Steve Trewin
Simeon Lee Richards Alex Webber Claire W
Saunders Justin Edwards Troy Roberts Dan
Harmer Lauren Shanahan Joe Thomas David
Skinner Simon Wooller Dafydd Roberts Leig

MPCT STAFF THAT ENA

Dionne Sylvester George Thompson Alys M
Corbett Gopal Gurung Nicola Bennett Con
Rich Harnott David Huggins Pez Lopez Kyle
Longstaff Carl Russell Mark Allan Jahmolo
Lianne Atkinson Charmaine Carter Terry C
Hepburn Bernie McGivern Monique Mustafa
Warby Nathan Currie Shane Price Si Richard
Davies Charles Weaver Gareth Crowe Cou
Sarah Hulme Adam Priddle Ronnie Spinks Z
Mitchell Tony Grace Steven Walker Stephen
Winter David Gibson Gary Sell Alecia Thom
Punter Stuart Morgan Oliver Hutton Chris

s Pete Leak Liam Fleming Brian Richardson
ns Diane Jones Steve Williams Steve Tallis
Lee Kelly Stacey Hudd Ryan James Zen Afsar
os Dylan Jones Mike Toye Gary West Ian Shaw
n Hunt Nikki Yapp Emma Lambert Raymond
Grant Gary Thistlewaite Lee Winders Jono
r Padget Luke Seal Rob Carter Luke Phillips
nnard Natalie O'Shea Jenny Brophy Bonnie
West Emma Burtenshaw Jane Candy Michele
Renshaw Reuben Tucker Mike Ronan Luke
Atkin Janice Betteridge Phil Glyn Jones Josh
h Evans Sam Cuthbertson Dave Lee Jo Cook

ABLED SUCCESS IN 2019

Moores Nick Maunder Natasha Kirk Ronnie
nan Cuthbertson David Di Lorenzo Gothard
e Smith Lee Smith Stacey Whitcombe Emma
w French Janette Leverson Richard Erskine
Carmichael Wayne Clark Adam Lewis Craig
Daz Owens Ian Wilson Andy Evans Matthew
dson Michael Gawler Leah Ambridge Ieuan
rtney Collins Gosia Komorowska Lin Blake
phair Talab Anthony Jones Marc Davies Mark
Ashmore Kevin Cragg Beth Miller Nicholas
as Cerys Davies Terence Greenwood David
Couling Gareth Twigge Rebecca Thomas



MAKING BETTER CITIZENS IN THE UK