MPCT Strategic Review 2017





Training Provider of the Year



Callum Dutton, Bradley Ware, Ryan Lewis, Sean Hill, Callur ers, Liam James Roberts, Luke James Roberts, Connor Bo Jones, Ben Zerafa, Robbie Loveless, Leah Hill, Jake Warrin Watkins, Karl Walker, Ryan Starkey-Duffy, Jade Bonner, Cor Gallagher, Kieran Cotterill, Callum Griffiths, Leighton Myer am Crew, Dilip Pun, Liam Taylor, Lewis Carey, Andrew Rees Johnson, Thomas Richards, Cai Afon Pryer-Smith, Jordan S Woods, Alex Gould, Bailey Harris, Nathan Ewers, Sam Nibl West, Francis Allen, Amelia Mcmahon, Callum Colbourn, C tie Ann Read, Billy Grove, Jarad Vaughan, Connor Rees, Ca Spooner, Harry Griffin, Stefan Bennett-Goss, Joshua Edwa Watkins, Ellie Cooper, Ben Timmins, Callum-Troy Grundor liams, Ewan Freeman, David Knight, Edward Champion, Ro dle, George Hobbs, Liam Kay, James Beckett, Leila Knight, James Crowe, Daniel Goffin, Joseph Evans, James Yemm, Pymm, Dayle Turner, Lewis Moore, Shanniah Kirnon, Anton Roper, Benjamin Pitts, Alex Straker, Jamie Baker, Stephen I Bailey, Iwan Mason, Luke James Franklin, Jay Saunders, Da ary Dean, Nathan Egan, Joshua Williams, Jake Carr, Charlie Campuzano, Conrad Docksey, Aiden Whiles, Frances Jone Thorpe, Daniel Barber, Rhys Taylor, Jonothan Gardner, Pete as Power, Kieran Yates, Jamie Revill, Elliot Standage, Charle Sherlock, Lawrence Smith, Bradley Dexter Jones, Megan A er, Drew Worton, Arron Barber, Jay Tait, Joshua Charles, De Damms, Deiter Luhring, Anthony Gustafson, Reece Bannis ans, Aaron Marc McKinnon Watson, Joss Willox, Bradley L liam Peach, Scott Payne, Callum Abraham, Owen Huw Jor n Sykes-Sollars, Kamau Hooper, Jack Lewis, Michael Rogdenham, Thomas Rouse, Adam Carter, Alex Trematick, Jord gton,Leigh Walker,Lewis Middleton,Andrew Kersey,Dafyd nnor Davies, Samuel Rees-Parfitt, Iain Oliver - House, Kieran rs,David Hagart,Kjay Lacey,Jacob Owen,Joshua Benson,A "Jack Burden, Robyn Hall, Sean Beamand, Casey Fletcher, L Smith,Freddie Webster,Myles Worth,William Lewis,Jordan ett, Sean Farquhar, Bryan Lamond, Leanne Bromley, Samue Owen Critchley,Keiron Davies,Ryan Dodd,Abigail Gower,K allum Hawkins, Arron Hickman, Adam Graham Lowe, Dean rds, Dan Williams, Tiffany Slade, Ellis Allcock, Callum - Lee ,Joshua Russell,Konrad Peska,Kurtis Golding,Gethan Wilory Schofield, Olivia Candy, Kieran Workman, Jeremy Wed-Harry Ellis, Kieran Lucas, Samuel Wozencroft, Aidan Smiths Harry Davies, Daniel Payne, Ben Bayton, Harry Shannon, Jor Smith, Sam Wright, Jack Priest, Connor Tordoff-Drew, Blade Hughes, Jamie Marshall, Bhavandeep Mann, Rhyse Wilson, I niel Mitchell, Callum Smith, Callum Pool, Sam Slewyn, Zach e Howard, Ryan La Vigna, Sam Franklin, Luke Smith, Thomas es, Claude Nicholson, Brandon Callaghan, James Scott, Rya er Wilson,Mitch Cartwright,Alex Eaton,Tobias Lewis,Thom es Lawrence, Adrienne Owen, Jay Nixon, Korelle Fife, Murra Anthony,Daniel Baker,Kyle Mockridge,Ryan Watkiss,Levi C evon Eason,Ryan Cresswell,Adam Moses,Keldan Lewis,Oli ster,Kieran lucas,Brandon Green,Drew Basford,Chandler E eBeau-Roe,Ryan Matthews,Joshua Daniel Mark Hughes,V nes, Joseph Lewis, Alex Moelwyn-Hughes

Message From the Managing Director

I am delighted to welcome you to the 2017 Strategic Review. This is an opportunity to reflect and measure our progress against MPCT's 12 Strategic Priorities, as published in our 2020 Vision Statement. The primary aim of the strategic plan is to lay out a route map in order to achieve our vision statement:

"MPCT's vision is to provide outstanding standards of learning in every region of the United Kingdom. This will support learners to reach their potential and progress to their chosen career-learning path. We will achieve this by scalable and sustainable growth; focused employee engagement, performance management, robust financial management and excellent employee training, which promotes an inspirational learning culture and environment."

Ultimately, this review is the sum total of the amazing people who make MPCT the organisation it is today. It is their efforts and skill which has been documented in this publication, which I feel demonstrates the life changing impact that MPCT is having on the young people of Great Britain.

As you read through this document, beginning at the first page, you will see the names of 225 Learners who have progressed into the British Armed Forces in this year alone. Behind each name is a story of endeavor and achievement. I know most of the learners will tell you that their success is as a direct result of attending MPCT; this is the value of the intervention. However, we are here not only to support our Nation's Defence, we are here primarily to support our learners, and you will see from our outstanding statistics we are achieving just that; with our best year of learner progression since MPCT was formed.

We have continued to monitor the financial impact we make on society. This is the difference between our learners being employed or unemployed and the long term negative issues associated with a workless community. The value of £556,500,000 is the amount our society saves collectively in supporting our learners into employment, an incredible figure and one which we are very proud of.

You may have noticed that we have on this occasion, moved away from our traditional MPCT blue to adopt the colours of Times Education Supplement (TES) for 2017! To be awarded the Training Provider of the Year 2017 is a wonderful endorsement of our mission and passion we have for our work. The only way I can describe this award is that it is our 'Oscar' in the education sector.

Our contract year 2016-17 has been a challenging year in respect of achieving our English contract. We were not able to fulfil the number of learners required, which has resulted in us adapting our delivery model in England and Head Office. This year we have seen a restructure of people and resources. It is critical if we are to continue to be an effective organisation, that we remain open to development. We have introduced the position of regional operations manager and invested in teaching and learning by moving the area managers into centre managers. It is believed that this re-organisation will aid us in our quest for improvement of the delivery model, as well as ensuring that we remain financially viable.

I am determined to extend our programme to more young people across the UK. In order to achieve this ambition, we have continued to invest in strategic structural growth within MPCT. We have made significant changes by the establishment of the Contact Recruitment and Marketing teams which have improved our service to potential learners and their families. We have also worked hard on staff development through the introduction of the apprentice framework in sports and fitness and the introduction of the Professional Practice Portfolio. With the continuous upgrading of our teams and our operational ability to deliver, we have improved the learner numbers in our 2017/18 contract.

With one eye on growth, we have kept the other eye firmly on the KPI's of learner achievements. I am delighted to share with you that we have had our best year to date. In addition, I am very pleased that we have introduced GCSE's in maths and English into the curriculum. After a great deal of hard work from both learners and staff, we have completed our first year with very respectable results.

MPCT has continued to develop greater links with the MOD with the signing of a Memorandum of Understanding with Recruiting Group. In addition to this, a great deal has been achieved on an operational level with greater collaboration with the military in general and our wider communities. This has significantly improved the contact time with the military and industry; although more is still to be achieved in this area. An excellent example of this is the creation of the All Arms Combat Section, a perfect case of MPCT listening to and learning from the Royal Marines to meet their needs, and in turn, meet the needs of our learners by providing bespoke training, that will increase their probability of success in their chosen career. Our sports apprentice programme has also listened and developed to meet the ever-changing needs of the industry with new courses and qualifications being delivered.

Message From the Managing Director

I am delighted in the publication of a large number of teaching, learning and assessment resources. I am sure that this will aid in building an exceptional teaching environment for our learners.

I would like to introduce our newest patrons who have become a welcomed addition to the MPCT team. They are rich in their experience and generous with their time and can only be a positive influence.

- Lady Bathurst
- Roy Noble

We continue to ensure that MPCT is recognised for outstanding performance across a wide range of areas, including our staff development, and the delivery of the programme. This will ensure that we never allow ourselves to become complacent of our grade 1 Ofsted report. Our self-critical and performance driven culture is a never-ending quest to improve our organisation for the betterment of our Learners and staff.

This year we have undertaken a great deal of analysis of the value of intervention. This has positively proven that significant gains are achieved physically, academically and spiritually by our learners during their time on the course.

We have taken considerable steps forward towards becoming a digitally literate college. All learner reports are now completed and processed online in England. We continue to invest in developing virtual resources in order to achieve our ambition of delivering the programme 100% online. We have purchased an additional 300 laptops and further investment in software means that we are well on track to reach our 2020 target.

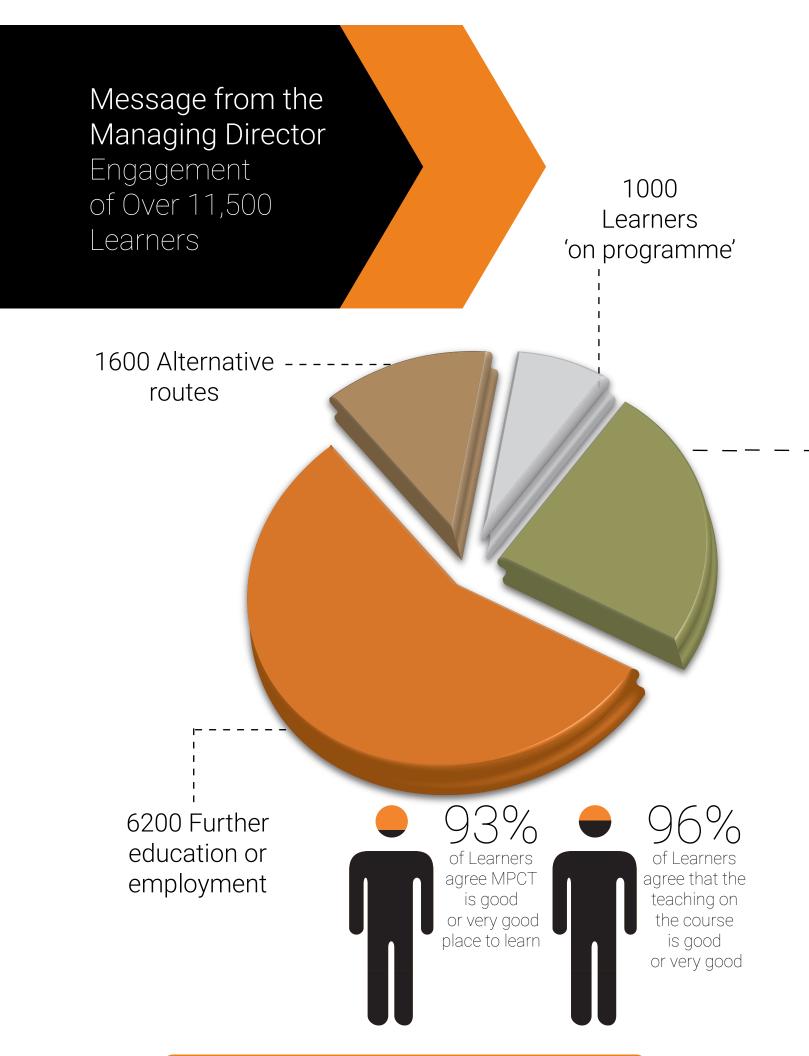
I believe that we are leading the way in engaging in learner development. We are constantly achieving high levels of success across all demographics. With the application of the MPCT Way we have been able to apply the principles of learning which have succeeded, where others have not.

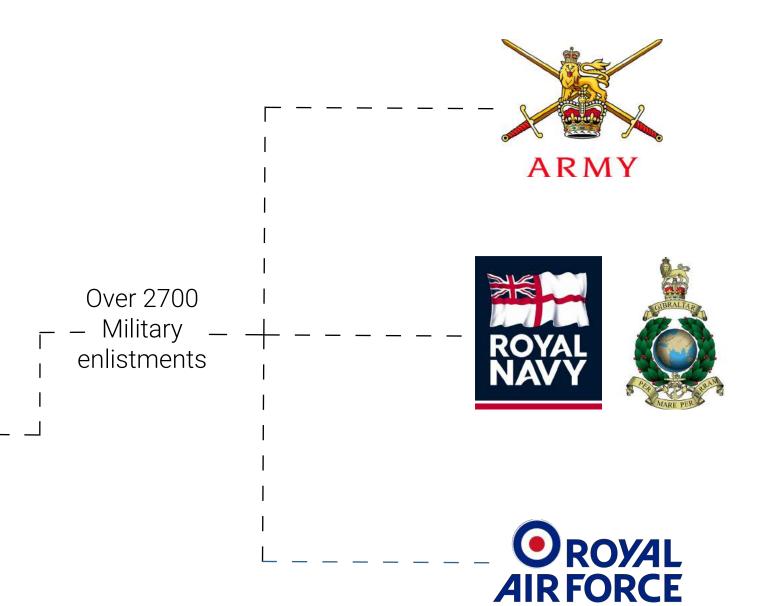
The Motivation and Learning Trust has continued to serve our learners with educational trips, crisis payments and individual support payments. Many of the MPCT team have dedicated blood sweat and tears into raising money through extraordinary activities. I am pleased to share with you that the MLT has booked for up to 70 Learners to take part in a funded Battlefield Tour in 2018.

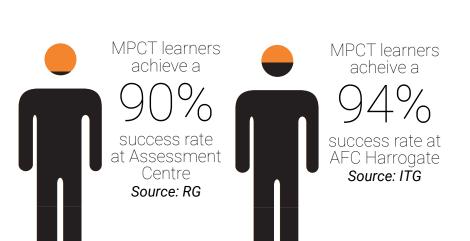
Finally, we will remember our five Alumni, who gave the ultimate sacrifice for our country. All our colleges collaborated with the Royal British Legion and made a significant contribution through supporting the Poppy Appeal or taking part in the Service of Remembrance.

Thank you for taking the time to read this annual report, thank you to all our partners who we appreciate a great deal and finally, thank you to the amazing team at MPCT, who through their actions, created this report.

Thank you.













Training Provider of the Year 25

This award celebrates the exceptional performance of an independent learning provider.

This year, the judges felt that MPCT's "impressive" all-round work stood out.

Since its formation in 1999, MPCT has been "dedicated to offering opportunities to young people through training and education". The organisation is made up of a number of training outlets across schools, colleges and sports facilities in England and Wales. In 2014, MPCT was rated "outstanding" in all areas by Ofsted. During 2016, it reached its 10,000th enrolment.

Over the past year, MPCT has pioneered the use of "physical literacy" as a vehicle to engage learners in maths and English programmes. The college has set the benchmark for providers across the country on physical literacy, and some universities are also now embedding the approach into their PGCE programmes.

To ensure a positive experience, the college provides innovative and active support known as the "MPCT Way" – a holistic approach that blends active learning within a context of physical and personal development, resulting in outstanding impact and achievements. In 2016, the progression rate was 86 per cent.

The judges said MPCT delivered exceptional results for learners, and they acknowledged that being graded "outstanding" by Ofsted was "no small task", given that it required the provider to demonstrate levels of excellence and consistency across all its sites. "A deserving winner," they added.



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SP1 Increase the Number and Range of Learners



SPARTAN 300 CHALLENGE

23 STAFF ENROLLED ON APPRENTICESHIP PROGRAMME IN EXERCISE AND FITNESS

- ★ The MPCT Spartan 300 campaign targeted the enrolment of 150 new learners in England by the 31st March 2017.
- ★ MPCT has enrolled 23 of its staff on the Level 2 and 3 Apprenticeship in Instructing Fitness. This presents an opportunity to develop our staff and to increase the number of Apprentices on programme.
- ★ The Head of Learning and Development is producing a Professional Practice Portfolio (PPP) which supports the development of staff and recognises the acquisition of new knowledge, skills and attitudes.
- ★ MPCT continues to raise money for the MLT. Funds are been made available for centres to access learning opportunities away from their normal training locations.
- ★ Equality and diversity (E&D) is embedded in to the curriculum through equality and diversity 'challenges'. All future curricula reviews or development will include a strong focus on E&D, Respect, British Values and Prevent.
- ★ Compared to this time last year, MPCT has 199 more learners in England, 90 learners on the MPS programme and 50 more apprentices.
- ★ MPCT has grown the contact centre by 400% to support the engagement of new learners.



OPENED MPC WALSALL



MOVED
MPC EASTBOURNE
&
MPC FARNBOROUGH
(NOW ALDERSHOT)













- ★ A new GCSE provision has been implemented across all centres in England.
- ★ The Head of Skills has produced maths and English resources to support numerous activities such as SDDR, Dutch college visit, Section Skills Competitions, Arnhem visits, Poetry Competitions and Acts of Remembrance to support the skills development of all MPCT learners.
- ★ Communicating the definition of Stretch and Challenge and how it is applied is an ongoing task for MPCT leaders and managers.
- ★ Newly developed qualifications have been produced with a nested effect to support incremental achievement.
- ★ The good practice of producing a progression wall in each centre has had impact on the progression rates, particularly in to the Military.
- ★ Good practice is shared in a number of ways, both formally and informally, internally and externally. From a practitioner perspective, staff are able to post good practice on the MPCT Practitioners Facebook page.
- ★ Learner Voice continues to be measured from the beginning, throughout and on exit from the programme. Learner concerns are recognised and actioned when identified.
- ★ 'How to' videos have been produced to support areas of operational need. These include: PT & drill displays, public speaking, logs display, pull ups, press ups, squats, sit ups, burpees, basic outdoor circuit sessions.

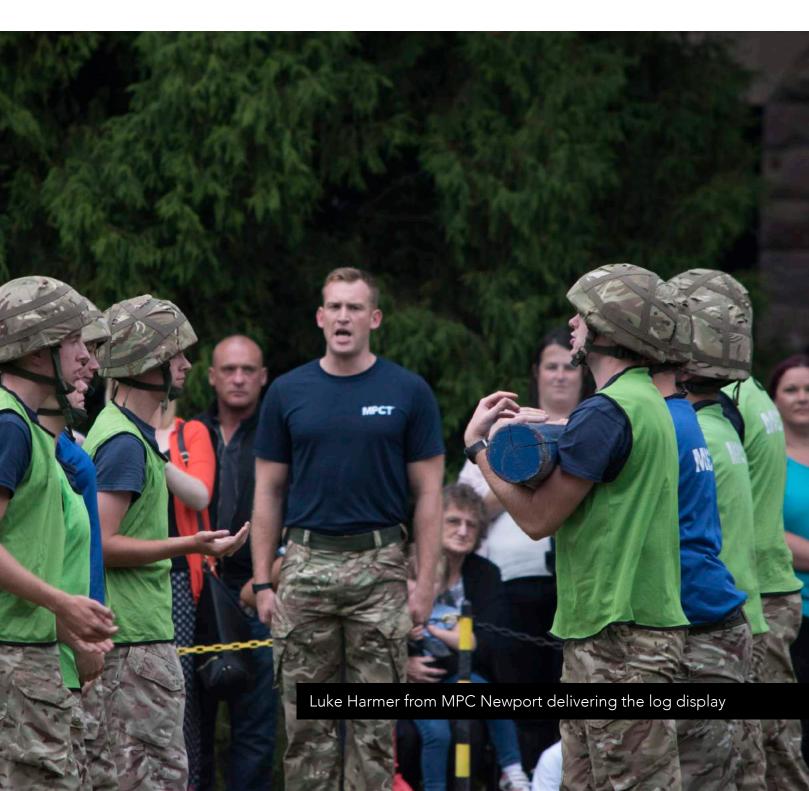
SP3 Deliver Inspirational Teaching and Learning



MPCT demonstrates a remarkable ability of engaging and motivating learners in English and maths; something that most FE & Skills providers find notoriously difficult. This is undoubtedly due to the efforts made to bring these subjects to life by carefully relating them to military contexts, including professionally developed resources, further aided by the quality of relationships formed by teaching staff with the learners and the self-belief created."

Stephen Pardoe, Independent Education Management Professional

- ★ MPCT has also appointed regional operations managers to support the improvement of the learner experience.
- ★ Senior managers have attended Ofsted workshops on Self-Assessment writing and interpreting and presenting data. These events have had a positive impact on the production of the company Self Assessment Report. These workshops have also increased the knowledge of Ofsted processes, procedures and expectations. In addition, senior managers have been given the opportunity to lead on Mock HMI inspections. This activity supports the development of inspection experience and supports contingency planning.
- ★ Key environmental and ESDGC dates are inputted on the Centre Live Training Programmes and are published monthly on the MD memo.



SP4 Actively Support Employers, the Skills Agenda and Economic Growth

I personally thought that what I have seen today is absolutely fantastic. The leadership I have seen, the teamwork I have seen and the confidence that young people have got to present in front of senior people here is absolutely fantastic."

Major General Rob Magowan CBE



- ★ MPCT learners continue to access activities which support progression. These include:
 - Exercise Dragons Claw
 - Exercise St George's Dragon Household Div, Coldstream Guards, HDPR Team (1 week in Pirbright twice a year)
 - RMCTC/RMVT Insight Course (Meet the Marines)
 - Exercise Lions Roar with the Duke of Lancaster's Regiment
 - 37 Signal Regiment Insight Days and overnight exercises
 - The Rifles Insight Day
 - RNVT Insight Day, team tasks and Psychometric Testing
 - Irish Guards Insight Days and embedded staff
 - Royal Artillery Insight Day and Gun Demonstration
 - The Mercians Insight Days and overnight exercises
 - 39 Signal Regiment Insight Days
 - Regimental Insight Course Irish Guards, Coldstream Guards and PWRR
 - CRT visit from Royal Artillery, Paras, Rifles, PWRR and Guards Div
 - Scots and Grenadier Guards facilities and resources available in the new Aldershot centre
- ★ MPCT added GCSE English Language and mathematics to the skills qualifications offered. These qualifications are offered and delivered in addition to functional skills and vocational qualifications. This has been achieved by upskilling existing skills champions and employing a

GCSE coordinator to support the production of resources, schemes of work and programmes.

This new provision supports learners to achieve their career goals, particularly within the more technical or complex roles within the British Armed Forces. This supports the British Armed Forces to meet its recruiting targets, attracts learners who would otherwise attend mainstream FE providers and extends learner retention.

- ★ Alongside the development of Maths and English skills, Learner employability and job readiness is improved by developing robustness, resilience and teamwork. These are developed through effective and realistic work experiences, contextualised learning environments and staff who are able to demonstrate and role model strong values and character. Regular access to service personnel and accomplished sports people is also a key aspect of work readiness preparation.
- ★ Learner destination data continues to be gathered through the MyMPCT MIS. This allows trends to be identified and monitored. There has been excellent use of Facebook to congratulate progressing learners and to increase aspiration for current learners.
- ★ MPCT will continue it's membership and attendance at local, regional and national networks and groups. Nationally, MPCT is a member of the:

National Training Federation of Wales

Association of Employment and Learning Providers

Education and Training Foundation

Association of Learning Providers for Hampshire and the Isle of Wight

Gloucester and Wiltshire Training Providers Network

South West Training Providers Network

Greater Merseyside Learning Provider Federation

SP5

To Maintain Financial Health and Diligence While Investing in the Vision

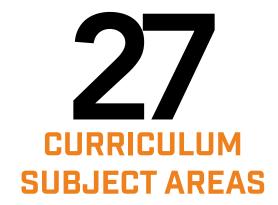


£999,882 SPENT ON LEARNER SUPPORT COSTS



Develop and Maintain a Positive Learning Environment to Support Access to Progression

- ★ MPCT continues to invest in a positive learning environment. Maintaining and replenishing resources, equipment and staffing levels continues to be the key focus of leaders and managers. The growth indicated in SP 1 demonstrates the organisation's desire to have impact on the lives of young people across the whole of the UK.
- ★ MPCT constantly seeks to develop the learning environment to meet the needs of growth and development in curriculum or labour market need.
- ★ The quality of the resources continues to improve after each review or update. The use of professional design and publishing software has allowed curriculum designers to produce excellent teaching, learning and assessment resources. The current range of curriculum includes:
 - #IAMINSPIRED
 - #IAMMOTIVATED
 - #IAMEMPOWERED
 - #IAMROBUST
 - Inspired by Fitness
 - Inspired by Sport
 - MPS 'Yellow' book
 - MPS 'Orange' book
 - BTFC Public Services Workbook
 - MSP Op Alpha and Bravo
 - GCSE Military Reading and Writing
 - GCSE Military Calculations
 - A range of additional apprenticeship qualifications, ranging from indoor cycling, kettlebells and ISMT.



SP7 Enhance Our Self-critical and Performance Driven Culture

- ★ MPCT has been successful in their 3 year Matrix Assessment. This includes the IAG, Welfare Log and the care, support and guidance strategic statement.
- ★ MPCT has received recognition by the Times 100 Best Companies and has been awarded the Times Educational Supplement's Training Provider of the Year 2017. Senior managers have attended Ofsted seminars on writing effective SARs and interpreting performance data.











SP8
Enable Staff to Aspire
and Succeed

- ★ Initial Training Programme is now 8 weeks long.
- ★ Leadership and management development continues through operational management meetings and training. Most recently, these meetings have supported recruiting operations and continue to have an impact on the operational and strategic leadership across the organisation.



STRETCH & CHALLENGE WORKSHOP DELIVERED





INSTRUCTOR PREPARATION COURSES

LAUNCHED NEW INDUCTION BOOKLET



SP9 Be an Outstanding and Inspirational College at the Heart of its

Communities

- ★ MPCT continues to develop its close relationship with the MLT and other national and local charities. MPCT continues to work with local voluntary organisations on a wide range of projects. The Physical Activity Support Strategy has been implemented to support staff to enter physical activities, often linked to charity fundraising. As a result of this, positive press stories are produced to promote MPCT and inspire others to contribute.
- ★ MPCT continues to maintain and build new relationships with the British Armed Forces. This has resulted in insight activities, unit visits and the support from serving personnel. It is an aspiration for all new MPCT centres to open in partnership and be co-located with local Army Reserve Units.
- ★ Colleges work closely with ACCs and AFCOs in order to build close relationships and collaborate where possible. MPCT Wolverhampton host AFC Harrogate briefing sessions to potential Junior Soldiers. This close relationship has resulted in a clear referral process for MPCT learners.
- ★ MPCT has entered a number of educational partnerships. These include a Level 3 Sport course, delivered in partnership with Cardiff and Vale College, and an adult education employability course in partnership with Eden Training. Both of these programmes offer an opportunity for progression from our current sport and active leisure and military preparation provision.
- ★ Royal British Legion. MPCT Learners take part in annual Acts of Remembrance each year. In preparation, Learners support the RBL with voluntary work such as poppy selling and cenotaph and grave maintenance.

Wider service charities. Learners and staff have taken part in fundraising activities in support of a wide range of service charities, such as:

- ★ Scottys Little Soldiers
- ★ Help for Heroes
- ★ BLESMA
- ★ SSAFA





Quite simply, we were blown away! From the moment we arrived, your organisation exuded professionalism, efficiency and an enormous passion and belief in the work you do."

Sarah Brazier, Llandovery College



It has been an absolute pleasure to attend the college. You have helped me build my confidence, integrity, self discipline and many more key skills that I will use in the Army and in everyday life."

Mr Thomas, Liverpool learner



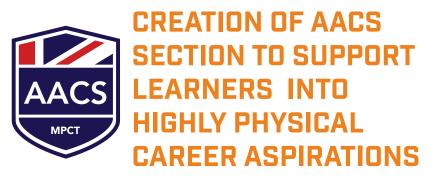
Learners from MPC Cardiff supporting the festival of remembrance in the St David's Theatre, Cardiff

SP10

Develop a Physical
Literacy Framework That
Promotes and Maintains
Excellence Through
Health and Wellbeing

- Videos of best practice,
- ★ Bespoke PT the 'MPCT Way' training for staff and qualifying course.
- ★ VIP visits and awards ceremonies include PT display.
- ★ Investment in equipment and uniform to support PT displays and demonstrations.
- ★ PASS policy.
- ★ MPC Cardiff have amplified the breakfast club by having an instructor led daily healthy eating sessions.







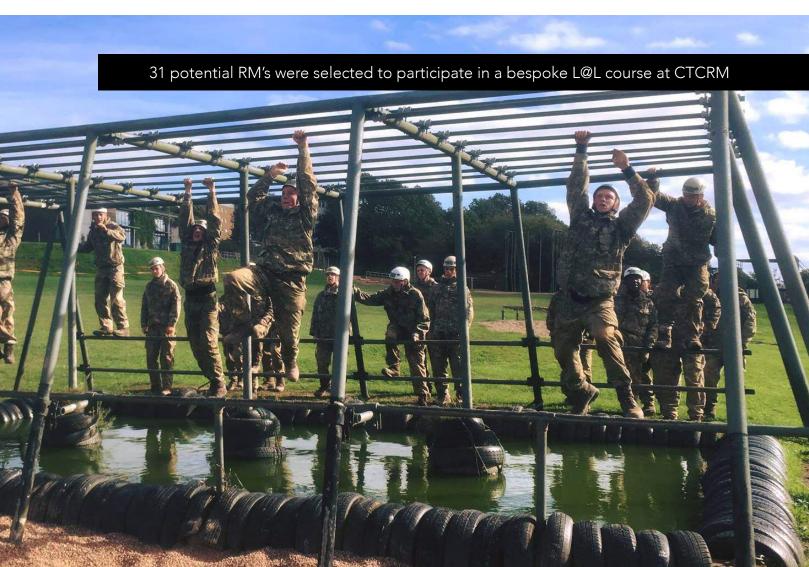


INCREASE OF VIDEO CONTENT VIA SOCIAL MEDIA TO PROMOTE BEST PRACTICE IN PT ACROSS THE COMPANY

AMPLIFICATION OF BREAKFAST CLUB WITH INSTRUCTOR LED DAILY HEALTHY EATING SESSIONS



MPC BRIDGEND COMPLETED A 50KM CHARITY RUN FOR THE MLT AND DREAMS & WISHES

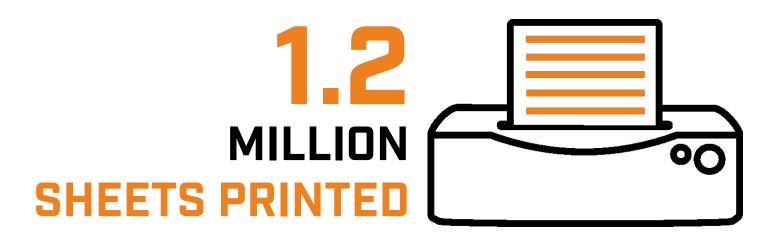


SP11 To Become a Digitally Literate College

- ★ Purchased an additional 300 learner laptops to be issued in 2018.
- ★ Procured Form Capture Application (FCA) to digitalise the whole learner journey.
- * eLearning packages for apprenticeship courses.
- ★ Partnership agreement with OneFile to digitalise all of MPCT's curriculum by 2019.
- ★ ISO 27001 applied for to continue to safeguard our digital platforms.
- ★ CEOPS champion appointed.









Partnered with:









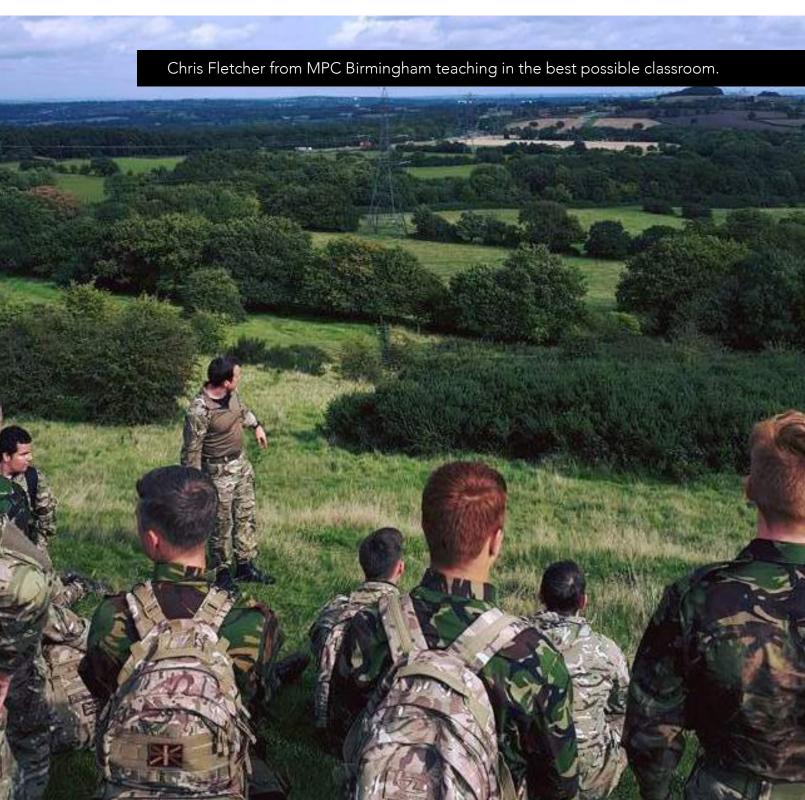


SP12 Develop Boys' Achievement Rates

- ★ A new induction programme has been produced to support the raising of self-esteem and confidence, often areas in which young men lack. The new induction has fused the existing induction programme with elements of the Pacific Institute 'Steps to Success' programme. This has allowed the curriculum developer to use the most applicable parts of the programme to allow learners to engage and participate quicker.
- ★ Excellence in teaching, learning and assessment is also supported by the production of high quality resources at HQ. These resources have consistently improved in quality after each curriculum review and update. The use of publishing and design software has created professional quality resources and assessment tools.
- ★ Central to the new induction programme is the development of teamwork abilities of our staff and learners. This particularly supports group cohesion and allows learners to settle quicker on their course. The development of the team ethic is promoted both in and outside of the classroom.
- ★ The Operational Excellence Frameworks continue to provide, promote and maintain consistency in daily and weekly routines. This, when used in conjunction with the Centre Live Training Programme, provides staff and learners with structure, boundaries and achievable operational work-flow and tasks. The quality of operational tasks is measured against the performance indicators within the Achieving Excellence Frameworks. This framework allows all staff to objectively measure all operational performance against realistic standards.



ALL LESSONS HAVE CONTEXT AND SUPPORT SKILLS DEVELOPMENT IN-LINE WITH LEARNERS CHOSEN PATHWAY





Remembering Our Fallen Learners



Private Craig Barber
2nd Battalion The Royal Welsh
Attended MPCT:
May - August 2003
Died 7th August 2007



L/Cpl Dane Elson 1st Battalion Welsh Guards Attended MPCT: January - February 2004 Died 5th July 2009



Private Kyle Adams
Parachute Regiment
Attended MPCT:
May 2005 - May 2006
Died 6th August 2009



They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them.



Private James Prosser
2nd Battalion Royal Welsh
Attended MPCT:
September - December 2005
Died 27th September 2009



Sapper Connor Ray
33 Engineer Regiment
Attended MPCT:
October - December 2007
Died 18th April 2012



We Remember

Here are just a few images of MPCT learners involved in activities leading up to and at Remembrance Parades.





























1 - Be Proactive

- ✓ We use the OEF & AEF to plan in advance.
- ✓ We use programmes to plan effectively.
- ✓ We use morning briefs as a clear proactive planning tool.
- ✓ We always have an action plan for our college and are constantly reviewing each other.

2 - Begin with the End in Mind

- ✓ We have a shared MPCT objective for our college.
- ✓ We have envisaged our Grade 1 college and have a clear plan to achieve it.
- ✓ We start with KPI's and end with KPI's in everything we do.

3 - Put First Things First

Priority should be given in the following order:

- ✓ Important and urgent our college focuses on our main area of under-performance as a matter of urgency, be it recruitment, qualifications or progressions.
- ✓ Important and not-urgent we are thinking constantly about our next award ceremony.
- Not important and not urgent this is outside of the OEF & AEF and can wait until another day.

4 - Think Win-Win

Value and respect people by understanding a "win" for all is ultimately a better long-term resolution than if only one person in the situation had gotten his way.

- ✓ We develop a competitive culture within our college.
- ✓ We use the competition curriculum each term in a positive proactive manner.
- ✓ We have sections that compete weekly against each other.

5 - Seek First to Understand, Then to be Understood

This creates an atmosphere of caring and positive problem solving.

- ✓ We use welfare parades effectively to support our learners.
- ✓ All our morning briefs have clear purpose.
- ✓ All our 1-1 meetings are carried out and documented accordingly.

6 - Synergize

✓ We work well with all our colleagues, partner organisations, parents and employers to support the recruitment & influencing plans.

7 - Sharpen the Saw

- ✓ We are always looking to improve standards in our college through proactive CPD activities with our managers.
- ✓ We embrace centre inspections and support visits from our senior managers.
- ✓ We reflect daily on how to improve our learner experience.

8 - Find your voice and inspire others to find theirs

We believe in what we do at MPCT and the impact we have on young people's lives. This inspires others to do the same at our college.

Adapted from Steven Covey's the 8th habit 2004.

In my view, MPCT changes young peoples' lives for the better. I have talked to any number of youngsters who all say the same thing: they were a problem, without direction or purpose, gone to bad. And yet after a month or two at MPCT they are turned around and, even if they do not join the forces, they become good citizens. Of the many soldiers I have met who attended MPCT, all have made a success of their careers. Various COs all say that MPCT graduates are more likely to pass through training, become good soldiers and rise up the ranks.

Lieutenant General Jonothan Riley CB DSO MA



The Rt. Hon. The Countess Bathurst



Educated privately, Sara grew up in a patriotic home with old-fashioned values, instilling in her a natural sense of duty and a deeply charitable conscience, as well as a hefty dose of independence. It was this same independence that encouraged her to go further afield and so, after school, instead of following her peers to a more traditional job in London, she decided an overseas adventure would be more challenging, and she travelled to the United States where she settled in Chicago in 1986. She stayed in the US for five years, exploring as much of the country as she could, thoroughly enjoying her early twenties and supporting herself by working in various roles, including a period spent with a top Chicago lawyer. Lady Bathurst looks back on her time in America, where

she gained 'more than a lifetimes worth of experiences and knowledge', with huge affection and appreciation.

Her return to the UK in 1991 saw her joining the family business of independent bookshops in the South West as a partner, and she lived for a while back in Lyme Regis running the flagship branch until she met her husband Allen, the then Lord Apsley, in 1993. They married in 1996 when she moved to the Cotswolds – she had always said she wanted to marry a farmer! Since then, her time has been spent running the house at Cirencester Park, supporting her husband and involving herself deeply in the Gloucestershire community in a number of roles, mostly associated with charities around the county. Since the death of her father-in-law, the 8th Earl Bathurst, Lady Bathurst has become involved as President and Patron to many more local charities and associations. Amongst her many passions, her dogs, the countryside and farming are especially dear to her.

Lieutenant General Jonothan Riley CB DSO PhD MA



Lieutenant General Jonathon Riley's distinguished Military career spans over 40 years. Drawing upon his experience and knowledge gained, he has become an accomplished author, speaker and historian, having written a total of 15 books, with three more due to be published this year. His latest literary contribution in "British Generals in Blair's Wars", comes from his testimonials as a senior ranking Military Officer and gives us a real insight into insurgency and counterinsurgency and the challenging yet changing operations during his time in command in both Iraq and Afghanistan. Raised in Yorkshire, he was educated at the University College London, where he gained an MA in Geomorphology and a Master's Degree in History at Leeds University,

later a gaining a PhD in Modern History, at Cranfield University.

Today, Jonathon Riley is on the UK Register of Expert Witnesses, and has become a patron, with BBC's Huw Edwards, of LINKS 6. More recently, he was also invited to join the WW1 Commemoration advisory group, under Sir Deian Hopkin, advising the Welsh Government on the centenaries and is also to Chair the British Army's group supporting these events in Wales.

He has also become a Patron for The Motivational Preparation College for Training (MPCT). The MPCT has a huge impact on recruiting with over 500 enlistments to the Royal Welsh and 1750 enlistments to the Army. MPCT also continues to employ exclusively from the Military where over 100 members of staff are Ex-Servicemen and Women.



Major General David Wilson CB CBE



David runs his own consultancy company specializing in strategic leadership and crisis management. Associated with a number of different consultancy organisations, he divides his time between providing emergency management within the nuclear sector and working with clients keen to improve their corporate leadership.

The majority of his working life was spent in the Armed Forces and, most often, he was to be found leading, training or supporting both conventional and unconventional forces (military and police, national and international) in politically sensitive, high profile and frequently high risk operations and training deployments worldwide. Routinely engaged in national crisis response management and contingency operations at home and abroad, he is well-versed in formulating and

delivering policy advice at ministerial, foreign heads of government and senior corporate level.

His more senior service appointments included: Chief of Staff to NATO's Commander Joint Headquarters North, Senior British Military Adviser to Commander United States Central Command, Commander United Kingdom Amphibious Forces and Commandant General Royal Marines. He was also privileged to have commanded the Special Boat Service, 45 Commando Group, 3 Commando Brigade and the United Kingdom/Netherlands Amphibious Force.

"An organisation with limitless potential for diversification and expansion (nationally and internationally) which clearly understands its remit, delivers on its promises and represents a sound investment. A thoroughly convincing, well-lead and motivated team which continually seeks to refine and improve how it goes about its business.

Remarkably adept and efficient at what it does, MPCT makes a genuine, relevant and starkly impressive contribution to society in general and young people in particular. It encourages better citizenship, extols the values and virtues which promote success and, in consequence, helps young people to become more confident and thus better able to confront life's challenges and fulfil their expectations. This is all about engendering self-belief.

The appeal for stakeholders is readily apparent: a fitter, disciplined, committed and focused individual delivered to the start point which, by virtue of their experience and MPCT preparation, are more likely to go the distance in subsequent selection and training.

This is not just about the value-for-money argument (in itself compelling) but rather, the quality of MPCT graduates who, by association, can help to raise collective standards".

Major General M S White CB CBE JP, HM Lord-Lieutenant



Her Majesty's Lord-Lieutenant of the Isle of Wight, Major General Martin White, was born, raised and educated on the Island.

He was commissioned from Sandhurst in 1964 into what was then the Royal Army Service Corps, now the Royal Logistic Corps. He had an Army career spanning almost 40 years, including command at every level and a wide variety of staff appointments; he was a graduate and instructor at the Army Command and Staff College and the Royal College of Defence Studies.

During the first Gulf War (1990/91) he commanded the logistic effort in support of UK ground forces for which he was awarded the CBE; he

became a CB in The Queen's Birthday Honours 1998. Since leaving the Army in 1999 Major General White has been a military adviser to Ernst & Young and more recently Deloittes. In addition to his role as Lord-Lieutenant of the Isle of Wight he is a Colonel Commandant and Honorary Colonel of the Royal Logistic Corps and a Liveryman of the Worshipful Company of Carmen, a City livery company.

"The MPCT was opened on the Isle of Wight in 2011 and almost immediately made a really positive impact on the community and in particular our young who were seeking a career in the Armed Forces. Since then it has gone from strength to strength.

From the outset it was skilfully led by Brian Richardson MBE who not only proved to be an outstanding role model for his students, many of whom lacked self confidence and fitness, but he has also established MPCT firmly within the wider community, no mean feat! MPCT students support a range of voluntary activity, for example I saw a number at a recent Careers Fair in the Royal Yacht Squadron and I met a team taking part in our major fundraiser for the hospice, Walk the Wight and there are many others.

The College is well supported by a wide range of senior "opinion formers" including the Lieutenancy, present and former High Sheriffs and Chairs of the Isle of Wight Council and business leaders. It remains a most important and successful facility with a marvellous ethos for helping young people into Services and other careers.

I was pleased to become a Patron in 2013, I regularly attend "passing out parades" and marvel (as do the families) at the progress that students have made during a relatively short course. This in my view is due to instruction of the highest quality (note the recent OFSTED report) and inspirational leadership at every level in the whole organisation that from Huw Lewis downwards wants to make a difference to young people. Both the educational and military establishments can learn from this outstanding enterprise; they have my vote".

Major General RJM Porter MBE FCMI



Major General Roddy Porter was educated at Sherborne School, the Royal Military Academy, Sandhurst and the University of Newcastle-upon-Tyne. After 31 years in the British Army, he assumed the appointment of Director-General, The Royal Over-Seas League (ROSL), in October 2011.

ROSL was founded in 1910 and is a non-profit Commonwealth private member's organisation, committed to supporting international understanding and friendship through social, music, arts and welfare activities.

ROSL offers its members a variety of benefits including: centrally-located private clubhouses with luxury accommodation overlooking Green Park in London, and on Princes Street in Edinburgh; reciprocal arrangements with over 80 clubs worldwide; a vibrant music, art and events calendar; and much more. The Director-General is responsible for the efficient management, leadership and marketing of all aspects of ROSL. He is also responsible for relations with national, Commonwealth and international bodies.

Caroline Ansell



Caroline is a former teacher and school inspector. A Conservative activist for many years, Caroline was also a Meads Councillor on Eastbourne Borough Council, dealing with peoples' problems, always endeavouring to maintain the best quality of life for local residents.

Living in the heart of Old Town, Caroline loves being involved in the life of the whole town. Caroline recognises that her community has so much going for it and she's determined to make it an ever better place to live. She has worked hard to create more jobs by supporting local businesses and fighting for better transport links.

Education is the driving force behind Caroline standing as an MP. Having been a teacher for 15 years, her expertise can help drive up standards in local schools – so young people can get the best possible start in life.

"MPCT invited me to become Patron of the College, a great honour which I was pleased to accept.

I have been delighted to be the guest speaker at Awards Ceremonies over the last two years. The MPCT can rightly be proud of the role it plays in preparing learners for their future careers and in some situations, turning lives around.

I have always been impressed by learners' focus and their commitment to pursue their personal best; having been a teacher for many years before taking up my seat in Parliament, I know that resilience, never giving up, is often that which marks out those destined to succeed and in building this essential attribute, the MPCT excels".

Lieutenant Colonel (Retd) Stephen Hughes



Stephen commanded Wales University Officer Training Corps. He has also held various staff appointments, including the UK Permanent Joint Headquarters, the Ministry of Defence, the former NATO HQ AFNORTH in Norway, the Royal Military Academy Sandhurst and Army HQ. He completed operational tours in NI, Bosnia firstly with the UN and fifteen years later with the EU, the NATO-led mission in Kosovo, and commanded an Anglo-Nordic Provincial Reconstruction Team of Norwegians, Finns and British soldiers and civilians in Afghanistan.

In his final years in the Army, he completed a part-time MSc in Resilience at Cranfield University, a multi-disciplinary organisational degree set in the context of crisis and risk. Stephen is married with two

grown up daughters. He enjoys art, painting, photography and cycling.

Today Stephen is the Deputy Chief Executive of the Reserve Forces' and Cadets' Association for Wales based in Cardiff. His portfolio includes promoting the Youth agenda and the tri-Service Cadet organisation. He is a Trustee with the Council for Wales of Voluntary Youth Service. He is also a Trustee of the Royal Welch Fusiliers Comrades Association and President of its Blaenau Ffestiniog Branch. He is also a champion of MPCT.



Mr Phil Jones, Director of The Prince's Trust



Phil joined the Legion in September 2012 after a 26 year career in the Armed Forces. His family hail from Lampeter and Llandullas, he was born in Bicester, Oxfordshire and attended Lord Williams's School, Thame, before being commissioned into the Royal Welch Fusiliers in 1986. His military service included a wide range of command and staff roles on operations, training, intelligence and strategic communications. He has served in many parts of the world including: the UK, USA, Belgium, Ukraine, South Africa, Belize, Bosnia, Sierra Leone, Kenya, The Democratic Republic of Congo, Zimbabwe, Uganda, Nepal, Iraq and Qatar. His most recent role in the UK Ministry

of Defence included the strategic communications planning for the UK's intervention in Libya and the Defence contribution to the 2012 Olympic Games.

His job in the Legion is multifaceted. It incorporates the delivery of health and welfare support to up to 400,000 potential beneficiaries across Wales; the Legion's duties as the national custodian of Remembrance; representing the interests of the Armed Forces Community in Wales to the UK and Wales Governments, MPs and AMs, the 22 Welsh Local Authorities, Local Health Boards and many other statutory and 3rd sector stakeholders. Finally, he provides a focus for Armed Forces Comradeship in Wales among the serving and veteran community including over 16,000 Legion Members.

Phil has an MA in War Studies from Kings College, London and is a Member of the Institute of Public Relations.

"I have been a Patron of MPCT for a number of years, formerly in my role at the Wales Area Manager of The Royal British Legion and now as the Director of The Prince's Trust Cymru. I have had regular engagement with MPCT's young people, staff, supporters and it's MD, Huw Lewis, over this time.

Huw leads an inspirational organisation, which offers an opportunity to young people to identify personal goals, gain confidence, learn about the value of team work and gain much needed life skills. Many of the young people it works with come from challenging backgrounds, but following attendance on an MPCT course stand a much improved chance of future employment; often within the Armed or other uniformed services.

It's reputation in Wales is extremely high, I am delighted to be associated with it and I very much look forward to strengthening links between MPCT and The Prince's Trust Cymru in the future".

Vivienne Burman



As an Assistant Headteacher in a secondary school in Wales we have been involved with the MPS for 10 years. During my 40 years experience in secondary education it has always been very important to me that students achieve their full potential no matter what their capabilities. I would like all of them to leave school having improved their skills which will enable them to be adaptable, with a well-rounded education, breadth of interests and ready to move into employment or further education.

Lieutenant Colonel (Retd) J C St J Kilmister R Welsh



Born in the British Military Hospital Benghazi, Libya in October 1959 where his father was a serving officer with 1st Battalion The Welch Regiment. He was educated at Eastbourne College.

He joined the Army in 1979 and was commissioned into The Royal Regiment of Wales (24th / 41st Foot) in December 1979. He commanded a rifle platoon in Aldershot and Northern Ireland with the 1st Battalion, and a Training Platoon at the Infantry Junior Leaders Battalion in Shorncliffe. He was the Battalion Intelligence Officer in Germany in 1984-1986 during the Cold War. He returned to UK and served as Adjutant of the TA Battalion (3RRW) in Cardiff before returning to the 1st Battalion as an Acting Company Commander in Warminster and Hong Kong. He attended Staff College Camberley

in 1991. Since 1991 he took on several roles before being promoted to Lieutenant Colonel in 2002. He was appointed to HQ Joint Force Headquarters Brunssum as the Deputy Director of the Joint Operations Centre in June 2010 and has subsequently been awarded the Commander's Commendation for his time there. In January 2012 he undertook a tour in HQ ISAF working directly for the Commander ISAF, USMC General Allen. In 2013 he was successful in his application to become the next Regimental Secretary of the Royal Welsh. He took up the appointment in January 2014.

Mrs Pat Denham OBE



Pat has taught in various schools and colleges in the South East and South West and in Neo Liosia, Athens, Greece. Pat was appointed a senior manager at the Isle of Wight College during 1990 and supported preparation for Incorporation. Pat was appointed College Nominee and prepared the college for its first FEFC inspection. During this period she trained as an FEFC part time inspector. Pat successfully completed her Master of Business Administration and IPD qualifications. Under her guidance and with the support of an exceptional Senior Management team, South Devon College moved from unsatisfactory to good and finally outstanding in December 2008. Pat was appointed Vice Principal & Deputy CEO in 2009.

Pat is a fully trained OFSTED inspector and has undertaken inspections of various colleges and educational institutions.

Pat was awarded an OBE in the Queen's Birthday Honours List in 2012 for Services to Further Education. Following early retirement during August 2015, Pat continues to work and support with educational organisations to further improve quality and learner experience. During October 2015 Pat became a Company Director, PRTD LTD. She now advises and supports senior management teams with the implementation of successful improvement strategies.

"I am very proud to be an MPCT Patron. Having met many of the learners, staff and management at MPCT I have always been extremely impressed by their motivation and drive to achieve. MPCT is an outstanding organisation that ensures every learner engages in learning new skills, improve their Maths and English and always achieve their full potential. High success rates are measured not only by qualification success but also by the learner destination. MPCT provides all learners with a clear pathway to a successful future. The strong ethos of high expectation is consistent across the organisation.

Learner satisfaction is very high and learners and parents/guardians are clearly inspired by the learning experience at MPCT. Having observed the high quality teaching and learning I have always been impressed with the teams desire to further improve. The outstanding leadership team ensures a clear strategy is implemented and a rigorous self assessment plan is applied to sustain high performance. MPCT is an extremely successful organisation that will continue to grow and respond to the changing educational landscape".

Colin Martin OBE



When Huw Lewis, the Managing Director of the MPCT, asked me if I would be willing to become a patron of his organisation a few years ago, I felt privileged and fortunate to be a part of this hugely inspirational and visionary project. Since then, I have been immensely impressed by the success and positive results of a College programme which serves to enthuse and inspire young people to develop their abilities and attributes to the full. Whilst MPCT was founded and designed primarily to prepare 16-19 year old young people for a career in the military, for which it has been extremely successful, their unique Foundation Learning Programme has also enabled their

learners to gain self-confidence to cope with the challenges and opportunities for employment in the wider world.

MPCT has undoubtedly achieved its mission "to engage, motivate and educate to achieve excellence for all". Much of its success is down to the professionalism, dedication and motivation of its Managing Director and staff members who work tirelessly and selflessly to inspire, energise and motivate a diverse group of young people, often from underprivileged, deprived and difficult homes.

When my wife and I were kindly invited to attend one of the MPCT Programme Award Ceremonies, we were both extremely impressed by the way that the young Learners demonstrated their personal confidence, self-esteem and determination; furthermore, it was enthralling to watch them work together as competitive groups in the mental and physical challenges being displayed and the team spirit shown by them all was exceptional. It comes as no surprise that, as a consequence, many of these Learners have successfully achieved their goal in passing the recruit selection process for the armed forces and other public services. The Army Recruiting Group (RG) has certainly reaped the benefits of the MPCT's development programme and the MPCT remains uniquely placed to assist in this regard.



Jayne James



Jayne James is a former BBC Wales newsreader, who joined the corporation at the age of 20 as a production secretary. After moving to Television news, she trained as a journalist and went on to read the whole spectrum of Wales Today news bulletins at Wales Today for more than 27 years.

She retired as a broadcast/journalist in 2012 and opened a womens wear boutique called Loulou at Pyle Garden Centre, owned by her husband's family. She's also responsible for the day-to-day running of the Garden centre restaurant and helps run the marketing/PR arm of the Pyle Garden Village.

A committed charity-fundraiser for nearly 30 years, she is currently Vice-chair and Trustee of the Women in Wales committee, which has raised over 800,000 for Save the Children over the past 24 years.

As High Sheriff of Mid Glamorgan 2015/2016, she spent time during her year in office supporting the Crown, Judiciary, Emergency services and Voluntary organisations. Fundraising activities continued, in addition to raising the profile of the High Sheriff office by talking to school students across the county.

Jayne is a supporter of MPCT and its values in motivating young people and is proud to be named a patron.

Roy Noble OBE, DL, K.St.J.



Roy Noble is a native of Brynaman, Carmarthenshire. His efforts to become a pilot with the RAF were frustrated by hay fever. As compensation, he joined the Royal Observor Corps. As a member, he still knows where the Gwaun Cae Gurwen nuclear bunker is sited, but he couldn't possibly reveal the place!

His early career was in education and, in the latter years, he was the Head teacher of two primary schools in Powys. He attained several bursaries and a Page Scholarship to study education systems in Germany and in eight regions in the United States of America.

A move to broadcasting at the BBC in Wales, saw him work as a presenter on radio and television, attaining a Sony Award in radio and a Royal Television Society Award as Regional Presenter of the Year on television. He broadcasts in the Welsh and English languages. He has chaired several influential bodies and conferences and hosted many prestigious events. He is involved with many charities, across the whole spectrum of care and need, as Patron, President or Vice President, and was awarded an OBE for services to charities and to Welsh communities.

Joy Kent



Joy Kent became Chief Executive of Chwarae Teg – the lead charity in Wales helping women achieve and prosper in the workplace – in 2013. Before this, Joy was the first Executive Director of Cymorth Cymru – the umbrella body for providers of housing, support and care services in Wales. Previous roles focused on policy development for Welsh Government, Welsh Local Government Association and the Chartered Institute of Housing Cymru. Before moving to Wales, Joy taught English and managed language schools in Spain, the Czech Republic, Brazil and Egypt. In addition to her work, Joy has held a number of board positions and is currently a Ministerial appointee to the Programme Management Committee which oversees European

programmes in Wales, a board member of Cynon Taf Housing Group, and a director of WCVA Services which invests in charities assisting them to diversify income streams through developing commercial activity.

"I have recently become a patron of the organisation and am really impressed by its approach, commitment and drive to helping young people in really practical and positive ways to be the best they can be".

Mr John O'Brian



John is an ethical purpose and communication expert at Diversified Agency Services (DAS), part of global communications company Omnicom. He is Senior Partner Europe at 'Changing Our World' the U.S philanthropy agency; Partner of 'OneHundred' the strategy and communications agency and leads on purpose at global PR Company Porter Novelli.

He is Chair of the London based Knot network of ethical leaders and as a philanthropist is patron, trustee and supporter of a variety of not for profit initiatives. John is a former British Army Infantry officer, having spent ten years soldiering and is the former director of The Prince of Wales's personal programmes at the Prince's responsible business network BITC. He was founding MD of The Prince's Mosaic

initiative; Chairman of The Prince of Wales's Pakistan Recovery Fund and the Prince's special representative on Youth United and the Industrial Cadet programme. He is a published author and commentator, a former magistrate and serial founder of several businesses, social campaigns and partnerships.

He was made a member of the Most Excellent Order of the British Empire for his work across these agendas in The Queen's birthday honours list of 2017.

"As former director of the Prince of Wales programmes and special representative on a variety of youth and social impact initiatives, I can say that both HRH and I were immensely impressed with MPCT when we visited. I subsequently was delighted to be asked to become a Patron and have since had further insights into the work. MPCT is a highly focused and efficient organisation which has had an extraordinary impact on many young people's lives. In so doing it creates a cadre of engaged and inspired young people capable of taking a full role in society and public service life".

Clare Kynaston



I have been a mathematics teacher for 28 years, all of which have been spent at Stanwell School with the last six and a half years as Deputy Headteacher. During this time I have also trained as an Estyn Peer Inspector. As an educator, I believe that I have the responsibility to help mould the next generation of adults enabling them all to reach their full potential, prepare them for life after school and shape them into becoming good citizens for the future. Stanwell School has used MPS as a training provider for the last twelve years for some Key Stage 4 learners. For the learners who have accessed this provision it has improved learners' attendance, engagement and achievement, not just at MPS but in school as well.

Jonathan Poyner



Jonathon oversees Venue Operations, Corporate Services, Stage Technical, and Visitor Services to provide an exemplar customer experience and to deliver consistently high standards across the board at Wales Millennium Centre.

Born and educated in Wales, Jonathon has worked in many countries around the world whilst serving in the Army as a regular and then TA officer in the Royal Regiment of Wales. Jonathon has held several operational and senior management roles throughout his career, in various sectors including brewing and retail whilst working for SA Brain - Wales' largest brewer and retailer, in the hospitality sector whilst

at Chepstow and Hereford Racecourses and in the FM and manufacturing sectors whilst with the MEM Group providing services for blue chip companies at multiple sites across the UK.

Jonathon is a trustee of the Royal Welsh Museums and Rubicon Dance and is also Director of Ceremonies for St John (Wales). He supports Cardiff County Council through its Conservation Group which assists Planning and also through the Culture Tourism and Events Committee which supports the Strategic Vision for the City. Jonathon also supports the Arts Council for Wales, acting as a consultant on behalf of the Centre.

Jonathon is a Chartered Fellow of the Chartered Management Institute, and was awarded Chartered Manager of the Year (Wales) in 2012. He is a Member of the Institute of Directors, and won their award for Director in a Social Enterprise (Wales) 2013.

Mrs Elizabeth Singer DL SRN



Elizabeth Singer (Liz) was born and brought up in Hereford. She trained at the Queen Elizabeth Hospital, Birmingham and is a qualified nurse. She put her career on hold while her three sons grew up and now concentrates on charity work. She has been a voluntary fundraiser for the children's charity Barnardo's for many years and became the National Chair for the Appeals Advisory Board (AAB) who represent the fundraising volunteers.

She was High Sheriff of Mid Glamorgan in 2014/15 and during that that time she supported the work carried out at Parc Prison Bridgend

by Invisible Walls Wales who reach out to the families of prisoners. Her aim was to raise awareness of the project and raise funds to allow this work to continue. This was achieved by organising a Celebrity Tug-of-War Competition and in her year raised over £30,000. Also in her year she was introduced to MPCT. The Lord Lieutenant of Mid Glamorgan appointed her a Deputy Lieutenant and in this capacity attends events as the Queen's representative.

"I first became aware of MPCT when I was High Sheriff of Mid Glamorgan and attended an awards ceremony. I have no military experience myself, but I have been involved with Barnardo's for over 40 years and many of the learners at MPCT have similar backgrounds to the youngsters Barnardo's work with. They enable them to turn their lives around and reach their potential and become good citizens. MPCT teaches them team work, to have self respect, and live fit and healthy lives. I was delighted to accept an invitation to become a patron and am happy to support them whenever I can. I would also like to say that the organisation has excellent communications skills".

Colonel (Retd) Purcell Chief Executive RFCA for Greater London



Hugh is CEO of the Greater London and the City Reserve Forces' & Cadets' Associations. Related roles include Deputy Lieutenant of London, Clerk to the All Party Parliamentary Group Reserves & Cadets, Chairman Youth Organizations Uniform, member NHS Armed Forces Network London, University of London Military Education Committee, Team London, national advisory board Remember WW1, Youth Research Forum and ambassador for 'Soldier on' and charitable trusteeships.

"Due to my wide interconnected interest across the youth agenda, I continue to support success in this area, be it the military cadets, MPCT or other organisations such as youth clubs that help equip our young people with life skill. MPCT is a proven success story with

great potential. There is nothing more important than preparing our young people for the world of work. From a single service perspective 20% of your product is a huge benefit and if your organisation can grow that 20% will grow. Julian Brazier and myself are due to meet as he has accepted Madeleine Moon's invitation to co-chair the APPG Reserves & Cadets and I am keen to discuss with him how MPCT fits into that

model. If we had an MPCT contingent in each Super ARC, such as Croydon, not only would there be the opportunity for military MPCT relationships to be built, but our buildings would be occupied by day bringing in some greatly needed revenue to keep paint on the walls".

Lieutenant Colonel (Retd) Charles Vere-Whiting



Charles Vere-Whiting was commissioned into The Royal Welch Fusiliers and during his early Regimental Duty served in various appointments in the UK, Northern Ireland, Canada, Kenya, Zimbabwe and Bosnia.

As a staff officer, he has served at the UK's Permanent Joint HQ (PJHQ) and at HQ Central Command in the USA as a Military Assistant, on secondment to the Security Service as a Counter Terrorism planner, as a UK Special Forces planner at the UK's PJHQ and at Army HQ within the Force Development and Training command as the lead for developing the policy for Officer training and education.

At Regimental Duty, he commanded A Company 1st Battalion The Royal Welch Fusiliers as part of the 1st Battalion The Princess of Wales' Royal Regiment Battle Group during Op TELIC 4 in Maysan Province, Iraq (for which he was Mentioned in Dispatches) and then as Senior Major, Chief of Staff and then acting Commanding Officer of 1st Battalion The Royal Welsh Battle Group (as the Theatre Reserve Battalion for Iraq and Afghanistan) and as part of 11 (Light) Brigade during Op HERRICK 11.

Charles retired on promotion to Lieutenant Colonel in 2012 and now co-owns a thriving business leadership and advisory consultancy that focuses on supporting business leaders to develop their decision making capability, their strategy and the processes and structures that support these. He lives near Marlborough and is married with 2 young children. His wife, Julie, is an officer in the Army Reserve.





